

NY HOCKEY

November 2015
VOLUME 5 ISSUE 2

E-MAGAZINE



**HOCKEY HISTORY IN
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BOSTON AND
CONNECTICUT AS THE PUCK
DROPS
OPENING THE NWHL!**

Congratulations ECC!
Story on Page 6



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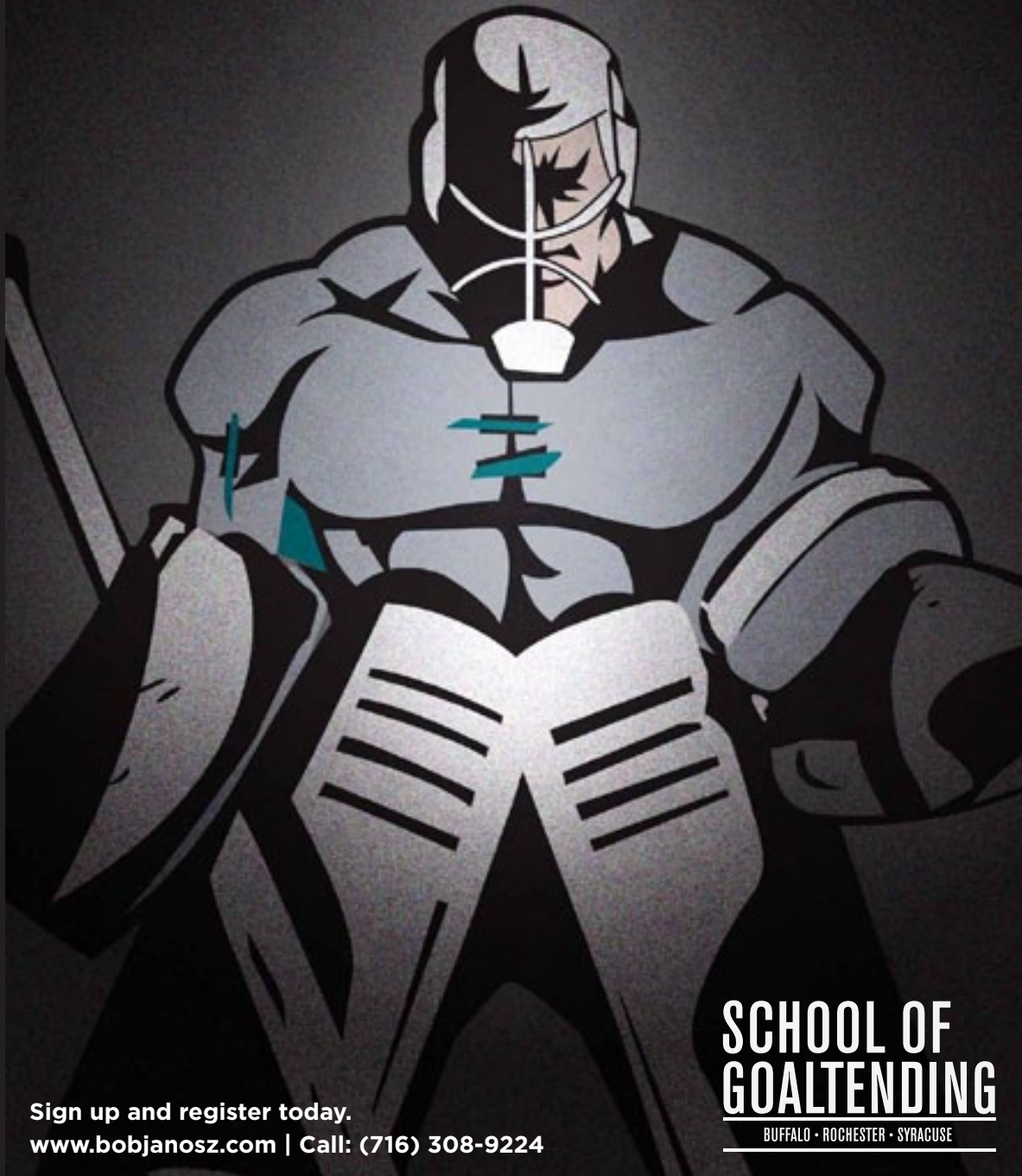
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Dear Readers,

Well the season is most certainly underway. Your editorial crew has been to the NWHL, NHL, minor, collegiate, and a couple youth games since our last issue. It's so nice to meet up with so many hockey acquaintances that we've missed over the summer.

We are also so thankful to several organizations who have provided us with stories and photos including the Buffalo Stars, Buffalo Regals, Valley Hockey, Elmira Jackals, Niagara Junior Purple Eagles, Cazenovia and Cheektowaga. You've added so much to our publication and we look forward to hearing from you next month; and invite your neighboring organizations to do the same.

We also included full collegiate previews as they were sent to us by the Colleges.

Let us know how we can help you provide your news. While it's hard to get all over the State we know that through email, social media, and a phone call, your story can be told.

We are most excited to be covering the newest league, the NWHL and Janet's passion, but also have been taking an active interest in the Lockport Express, Syracuse Stampede, New York Aviators and Rochester Roc City Royals of the NA3EHL. It's an exciting brand of hockey and family-priced entertainment in the Cornerstone Arena in Lockport.

So stop us when you see us in your arena and let us know what your organization/players are doing.

We wish you a very blessed Thanksgiving!

Sincerely,

Randy Schultz
 Publisher
 Randy@nyhockeyonline.com



NY Hockey On-Line (E-Magazine)
 3663 Irish Road
 Wilson, New York 14172
 716-751-6524
 nyhockeyonline@
 nyhockeyonline.com

Publisher & Managing Editor
 Randy Schultz
 Randy@nyhockeyonline.com

Designer/Photographer
 Janet Schultz
 Janet@nyhockeyonline.com

Columnists
 Warren Kozireski,
 Wkozires@brockport.edu
 Janet Schultz
 Randy Schultz
 Rob Sedia
 Chuck Gridley

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NY Hockey OnLine is published monthly at no charge
 and can be accessed via the publication's website
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Randy Schultz, publisher of this publication and managing editor of WNY Hockey Report, has published his 11th book.

"Legends of the Buffalo Bills," has hit the Barnes and Nobel Bookstore and Amazon.com. This is an updated version of the book which was published in 2003.

This is not only a story about the NFL but the story of the city it occupies and its fans.

Original members of "The Foolish Club," a group of owners who bought into the idea of forming the American Football League to go up against the mighty NFL in 1960, the Bills have had their fair share of losing season, but they've also been winners.

During the teams 10 years in the now-defunct AFL, Buffalo captured three Eastern Division titles, along with two AFL championships. Meanwhile the team strung together an unprecedented four straight Super Bowl appearances from 1990 to 1993.

Some of the legendary Bills Schultz has talked to over time and have included are Cookie Gilchrist, Jack Kemp, Marv Levy, Andre Reed, Joe Ferguson and many others.

Schultz has been a sports-

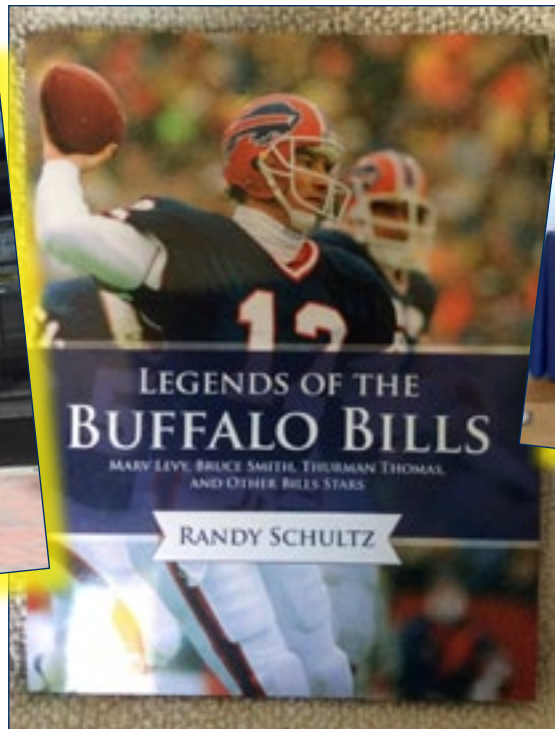
writer for over 40 years, mainly covering sports. But he has also written about the Buffalo Bills and NFL for Shout Magazine, Football Digest and Football Illustrated.

He recently held a book signing at the University of Rochester's Barnes and Noble.

Schultz will retire after 37 years as a technical assistant in Public Relations and most recently Admissions at Niagara County Community College. In May the Niagara-Orleans Counselors Association presented him with their Annual Counselor of the Year Award for service to their high schools in assisting students getting into college and choose careers

He and his wife Janet reside in Wilson. They have a daughter, Karla, who resides in Missouri with her husband, Retired Army Master Sgt. Scott Adams and their two children, Damian and Christian.

NYHOL Publisher Authors Book



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ECC Raises Championship Banner



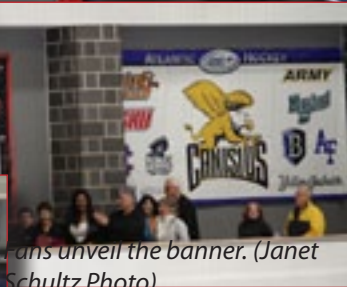
Former ECC Athletic Director Santo DeSain drops ceremonial puck with former Coach and AD Ralph Galanti watching. (Mark Jagord Photo)



Players from the 2011 team (Janet Schultz Photo)



Players from the 20115 team (Janet Schultz Photo)



Players unveil the banner. (Janet Schultz Photo)



2015 Team (Photo by Janet Schultz)



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By Randy Schultz
Randy@nyhockeyonline.com

Ralph Galanti and Gary Rost stood together looking out over the ice surface below them at the Harborcenter in downtown Buffalo.

"Can you believe this," questioned Galanti of Rost. "Who would have ever thought that 40 years ago when we began hockey at ECC we would be standing in such a beautiful arena like this today?"

Jokingly, Rost looks at Galanti and responds, "It's the first time I didn't have to come out from hockey practices and brush the snow off my car," referring to the parking ramp that was built in the arena.

For those watching this duo from a distance the two men symbolized Erie Community College's long hockey history. The 2015-16 hockey season marks ECC's 40th season of hockey and between the two individuals they have seen it all.

On this particular Sunday afternoon in late October the duo are in the arena for a banner raising ceremony celebrating the two National Junior College Hockey Championships ECC has won during their four decades of hockey (2011 and 2015).

Ralph Galanti, Jr. served as the Director of Athletics at Erie Community College from 1975 to 2005. He began his tenure by combining the struggling athletic programs at the three campuses into a one-college concept.

Over his 31 years, the athletic program grew from seven to 22 varsity sports and captured 45 NJCAA national championships. Galanti also posted a 449-306-42 record as the ice hockey coach from 1976 to 2000, capturing five Region III championships.

He received the SUNY Chancellor's Award for Excellence in Professional

Hall of Fame and the NJCAA Hockey Coaches Association Hall of Fame.

"I never intended to be the hockey head coach," recalled Galanti. "I had two other guys who were supposed to coach the team.

"But a couple of weeks before the season began, they bowed out. So I took over as coach. The rest, as they say, is history."

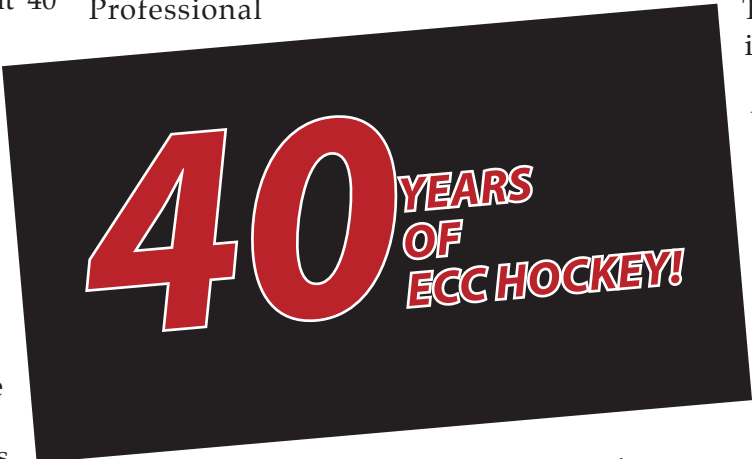
For Galanti, there was more to hockey than winning championships.

"It's all the young men I coached," stated Galanti. "They were more than just hockey play-

ers to me.

Service in 1998 and is a member of the Greater Buffalo Sports

"They became great young men in the community. They con-



2010-2011 Erie Community College Championship Hockey Team

#1	Alex Olszewski	Goalie	West Seneca HS
#2	Zachary Williams	Defense	Bishop Timon St. Jude HS
#6	John Rabb	Forward	Depew HS
#7	Derek MacNeil	Defense	St. Francis HS
#8	Frank Briandi	Forward	Kenmore East HS
#10	Todd Lyness	Forward	North Tonawanda HS
#11	Nick Friel	Forward	Orchard Park HS
#12	Kyle Chase	Forward	West Seneca East HS
#15	Giovanni Venezia	Forward	Kenmore West HS
#17	Ryan Vertino	Forward	Grand Island HS
#18	Steve Milley	Defense	Hamburg HS
#19	Spencer Mann	Forward	HHH East HS
#21	Michael Boice	Forward	Kenmore West HS
#23	Paul Brown	Forward	Lancaster HS
#24	Jayson Selbert	Defense	Cheektowaga HS
#25	Anthony Domros	Defense	West Seneca West HS
#26	Kyle Donhauser	Forward	Williamsville North HS
#27	Mark Kwietniewski	Defense	West Seneca West HS
#28	Dirk Thur	Forward	Clarence HS
#29	Mark Trigilio	Forward	Orchard Park HS
#31	Andrew Yelich	Goalie	Fredonia HS

Head Coach: Gary Rost Assistant Coaches: Matt Bean and Bill Orr



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tributed to their communities and families.

“That’s what hockey has been for me.”

Gary Rost has been on the bench for Erie’s ice hockey program since the 1978-79 season, serving as an assistant from 1978 to 2001 and again from 2003 to 2007 and as the head coach from 2001 to 2003 and 2007 to the present time. Rost earned Region III Coach of the Year and Buffalo Fan Awards College Coach of the Year recognition in 2009.

Rost has been a part of all 10 Region III titles, including leading the Kats to the 2011 and 2015 regional championships, as well as National Championships as the head coach. Rost also served as the golf coach from 1982 to 2008. He led Erie to a ninth place finish at the 2004 NJ-CAA championship.

An active member of the Western New York hockey scene, Rost has served on the boards of the Western New York Amateur Hockey League and Southtowns High School Club Hockey League, and coached in the Cazenovia Park Hockey Association and for Canisius High School.

Looking back on last season, it was a great one for ECC and Rost.

“I just feel great for the kids,” commented Rost. “They really bought into our game plan last year and came together as a group.”

“We had six returning players and 24 brand new faces. And we won a National Championship.”

Maybe Peter Jerebko, the present Athletic Director at ECC,



2015-16 Coaches (Janet Schultz Photo)

summed things up best regarding the ECC hockey program.

“It’s been a winning program, one which is well known throughout Western New York as well as New York State and even nationally,” said Jerebko. “We’ve had great coaches with Ralph and Gary.

“The team is a perfect example of what ECC Athletics are all about. We are all about the students.

“It has been a great ride for ECC and hockey for

40 years and we’re looking ahead to the next 40.”



2014-2015 Erie Community College Championship Hockey Team

#1	William Korczynski	Goalie	West Seneca, NY
#4	Tyler Chodkowski	Forward	West Seneca, NY
#5	Joseph Panek	Forward	Buffalo, NY
#6	Kevin Hanley	Forward	West Seneca, NY
#7	Zachary Morlock	Defense	Cheektowaga, NY
#8	Bradley Jones	Forward	Chaffee, NY
#9	Patrick Draper	Forward	Orchard Park, NY
#10	Richard Procknal	Defense	Williamsville, NY
#11	Ryan Hornberger	Forward	Hamburg, NY
#12	Jacob Macchioni	Forward	Blasdell, NY
#15	Michael Loughran	Forward	West Seneca, NY
#16	Franjo Tabar	Defense	Buffalo, NY
#17	Timothy Duffy	Defense	West Seneca, NY
#18	Brett Ross	Forward	Hamburg, NY
#19	Edward Shantler	Forward	Buffalo, NY
#20	Trevor Evans	Forward	Newfane, NY
#21	Casey Dynarski	Defense	West Seneca, NY
#22	Michael Kline	Forward	Orchard Park, NY
#24	Aaron Wanat	Defense	Cheektowaga, NY
#25	Tyler Riter	Forward	Orchard Park, NY
#26	Jordan Ciezki	Forward	Lancaster, NY
#27	Christopher Aitken	Defense	Chestertown, NY
#28	Kyle Hercek	Forward	Lackawanna, NY
#29	Jordyn Bellitto	Forward	Orchard Park, NY
#30	Daniel Wenner	Goalie	Lockport, NY
#31	David Nowak	Goalie	Snyder, NY

Head Coach: Gary Rost

Assistant Coaches: Matt Bean, Bill Orr and Glen Donato



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Around the NWHL



Manon Rheume Drops Inaugural Puck in Buffalo. Taking the faceoff are Boston Pride Hilary Knight and Buffalo Beaut Emily Pfalzer. (Photos by Janet Schultz)

On Sunday, October 11 the puck dropped in Buffalo and Connecticut bringing the dreams of a National Women's Hockey League to reality.

At 1:30 p.m. the puck dropped at Chelsea Piers with the Connecticut Whale facing off against the New York Riveters.

The Whale took the lead in the first period followed by a goal in the second and two in the third to put the Whale into the record books as being the first NWHL team to win a game. Going into the history book as the first Riveter to score was Brooke Ammerman, assisted by Lyudmila Belyakova. Score was 4-1.

The goal was scored by Jessica Koizumi, assisted by Kelli Stack and Kelly Babstock at 2:28 of the first period.

was a 3:30 p.m. faceoff with Buffalo Beauts taking on the Boston Pride.

The Pride took home the 4-1 win from HarborCenter.

Scoring goals and making history for the Boston Pride were Hilary Knight with the first goal of the game at 12:08 of the first period, unassisted.

Knight then dropped in her second and second of the game at 15:36 of the second, assisted by Kacey Bellamy. Other goals from the Pride came from Jordan Smelker and

Danielle Ward recorded the first penalty in the NWHL, 2 minutes for cross-checking (minor) at 17:33 of the first.

The first three stars of the NWHL are Jaimie Leonoff, Connecticut; Kelli Stack, Connecticut and Kelly Babstock, Connecticut.

Goalenders were Jaimie Leonoff for Connecticut and Nana Fujimoto for the Riveters.

Upstate it

Amanda Pelkey.

The lone goal from the Beauts was scored by Kelley Steadman, assisted by Meghan Duggan.

Goalies for the game were Brittany Ott for Boston and Brianne McLaughlin for Buffalo.

Bellamy will also go into the record book for taking the first penalty-two minutes for interference in the first period.

Boston beat New York 7-1 in game two of the season. Zoe Hickel scored her first two goals of the season with the first coming 55 seconds into the first period, and her second at 17 seconds into the third, giving the Pride a 3 goal lead.

In Buffalo the Whale took command of the Beauts with a 5-2 win. Connecticut's Alyssa Wohlfler scored at 14:20 of the first period, assisted by Lindsay Berman. Buffalo's Meghan Duggan scored at 3:45 of the first for Buffalo's first goal.

The Pride were back in Buffalo for the third game of the season. Brianna



The Inaugural Game in Buffalo is on.



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A Day of Firsts in Buffalo!

Decker notched the first hat trick in NWHL history, scoring three goals in the Prides 5-3 win over Buffalo. Her first came at the 1:04 mark of the first period, the second gave the Pride a 3-1 lead and then she finished with an empty net goal with 31 seconds left on the clock in regulation. History was written once again.

Kelley Steadman had two for Buffalo and Brianne McLaughlin made 43 saves.

In New York it was the Whale 3, Riveters, 1 in a tightly contested game. Kaleigh Fratkin's third period goal took the Whale to victory. Wohlfeiler and Babstock also scored for Connecticut while Ashley Johnston put in the Riveters only goal.

Whale Goalie Nicole Stock made 23 stops for her first win of the season.

Several players have been called up for National Team duties with their home countries including Kacey Bellamy, Megan Bozek, Alyssa Gagliardi, Gigi Marvin, Emily Pfalzer, Shiann Darkangelo, Brianne Decker, Meghan Duggan, Zoe Hickel, Hilary Knight, Amanda Pelkey, Jordan Smelker, Kelli Stack, Brianne McLaughlin and Ludmila Belyakova.



Buffalo Beauts First Goal Ever!



First Goal Scored in Buffalo. First Period by Boston Pride



First Shot On Goal by Boston; Saved by Buffalo's Brianne McLaughlin



Kelley Steadman scored the first Buffalo Beauts goal in NWHL History.



First NWHL Buffalo Game begins (left) and ends (above)!



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Memories From Buffalo's First NWHL Game

By Randy Schultz
Randy@nyhockeyonline.com

It has often been said that life imitates art. If that is the case then the Buffalo Beauts historic first game certainly resembled parts of "A League of Their Own," a baseball-based movie made nearly two decades ago.

For those that didn't see it, the movie centers around America's stock of athletic young men being depleted during World War II. A professional all-female baseball league springs up in the Midwest, funded by publicity-hungry candy maker Walter Harvey (played by actor Garry Marshall).

So when a new women's professional hockey league starts up, one can't help comparing the new hockey league to the movie.

The historic first-game date was Sunday, Oct. 11, 2015. With nearly 2000 fans looking on at Harborcenter's main rink, the puck dropped at approximately 3:40 in the afternoon between the Beauts and Boston Pride.

Manon Rheaume, "The First Woman of Hockey" and first woman to play in the NHL, dropped the ceremonial puck.

By the time the game ended, the Pride had skated off the ice with a 4-1 victory.

But it was the reaction of the Beauts coaches and players that really summed up the afternoon.

For Buffalo coach Shelley Looney, a legendary player in women's hockey history, it was a very emotional afternoon.

"I actually started getting emotional just because I know where this day came from," stated Looney. "When this day finally got here, I was so proud to be a part of it.

"I'm proud of the players on the ice from both teams. Add to that the emotional crowd that was out there and that made the whole day complete.

"We actually took time to stop and tell our players that they just made history today. Nobody can take that away from you.

"I just want these players to understand how special this is." Looney also understands what each of the players are feeling being a part of such an historic moment and season.

"I think each player feels that it is great that they are being

paid to play the game," said Looney. "But in the end all of these players are playing because of their passion for the game."

Looney also spoke out about the near-capacity Buffalo crowd that was on hand for the historical game.

"I'm not going to say that I was surprised," remarked Looney. "But I've only been here a year, but I've seen how passionate these sports fans are about their teams.

"I'm very proud of these fans for coming out to support our team. And we want those fans to know that we are here and that we are here to stay for the long term."

Kelley Steadman, who took a great cross ice pass from Meghan Duggan to score the first-ever goal for Buffalo, talked about the historic first game for the Beauts.

"I think most of growing up began playing hockey with the boys and we didn't have a pro league to look forward to," said Steadman. "Now girls have that next level to go to and we get paid to do it.

"It is a pretty awesome feeling to be a part of it. I think it's great to be a role model for the next generation of girls coming along who want to play hockey.

"I used to look up to Shelley Looney when I went to her camps as a kid. Now I have girls looking up to me.

"It was also amazing to get that first goal. It was an amazing moment, one that I will never forget.

"The whole day was amazing. I'm proud to be a part of it and a part of history."



Steadman and Duggan Meet The Press (Janet Schultz Photo)



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Congratulations Scott McDonald -- 1st Ever Endowed Coach at RIT

By Randy Schultz
Randy@nyhockeyonline.com

To say that Bruce B. Bates loves hockey would be an understatement. To say that he loves RIT would be an even bigger understatement.

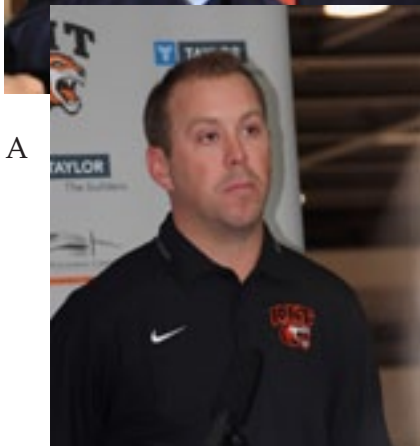
Bates has not only played the game for half a century, he coached youth hockey for several years and is a season ticket holder for both the men's and women's RIT Ice Hockey teams. He proudly wears the title RIT Trustee Emeritus and has been a member of the Board of Trustees since 1970, serving as chairman from 1984 to 1987.

But in July of this year Bates took his love of hockey to a new level when RIT announced the Bruce B. Bates Women's Hockey Coach, the university's first endowed coaching position for Tiger athletic programs.

Bates is providing the gift where endowed earnings will support the salary of the women's head hockey coach and provide budget relief to athletics.

The endowment in athletics will be similar to those in academics at RIT. The donation is invested, and a portion of the return is distributed each year.

When funded, the endowment will include commitments of more than \$1.7 million.



A

huge gesture of this kind begs the simple question, why?

"We are in the early stages of a capital campaign," responded Bates, who is a retired Senior Vice President at Morgan Stanley. "I have season tickets to both the women's and the men's hockey games.

"I played the game and I coached the game. And I think we need to push the institu-

tions to pay as much attention, if not more, to female sports programs.

"I think we need to elevate the importance of it."

Bates is a native of Port Nelson, Canada, but is now a U.S. citizen and has lived and worked in the Rochester area for six decades.

He is a graduate of Yale University, where he played one year of hockey before blowing out is ACL as a freshman. But that didn't stop him from continuing to play the game in senior leagues in and around the Rochester area.

"I've really enjoyed watching hockey here at RIT," continued Bates. "I've followed the men's program for years.

"But in more recent years I've



Ceremonial puck drop with McDonald, Bates and Lou Spiotti, Jr., Athletic Director. Taking faceoff Minnesota's Anna Fiegert and RIT's Taylor Thurston



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been watching the women's hockey team. I know that the turnout for women's hockey games isn't robust yet.

"I like to walk around and watch them play. I don't know their names, but I like to watch them.

"But I think some of the qualities they bring to the academic world is unbelievable. Their goalie last year (Ali Binnington) carried a 4.0 academic average after four years at RIT.

"And she was a great hockey player as well."

Scott McDonald, who signed a five-year contract extension to coach the women's hockey team through 2020, is the first recipient of the endowment.

"This is a monumental step for our program," commented McDonald. "Not only will this benefit our team, but our entire athletics department.

"I am honored and humbled that Mr. Bates feels that we have earned this generous gift."

Bates summed it up best.

"This feels good and right to me," concluded Bates. "To me, this is the correct place to begin an endowed coaching position.

"I hope others will follow in the upcoming years. RIT athletics certainly deserve it."

(Photos below are from first game vs Minnesota.)



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Simple is Best

I have said this many times...Hockey is a simple, elegant game. We coaches have a tendency to complicate it; in a way, it helps to justify our existence. I have coached for years, and have done my share of "over complicating". I underwent a re-education a few years ago when I started coaching a sled hockey team. This team was made up of people (mostly adults with lower body disabilities) who had never played hockey before. In fact, most of them had never played a team sport; they never had the opportunity, due to their disabilities. So there I was, faced with the job of teaching players with absolutely no background in team sports how to play the game of hockey. I knew that my first priority would have to be skill development. Just as in "stand up" hockey, you need to be able to skate, stickhandle, pass and shoot in order to play the game. So we went to work on developing basic skills. But I knew that we would need to start playing games in order to keep these players interested and motivated, and this would entail teaching these brand new players the basic flow of the game of hockey. So the question was, where to start?

After a lot of thought, and quite a bit of trial and error, I realized that simple was best. The first thing I did was to explain the concepts of "pressure" and "support". Our fore check became; the closest man to the puck pressures the puck carrier, the next 2 closest players support. If we do this with a fair amount of intensity, we can create turnovers. That same idea was true with neutral zone defense...pressure and support. I also emphasized that when we create the turnover, attack quickly. A huge percentage of goals (approx. 75%) come within 8 seconds of a turnover.



Coaching With Gridley

by Chuck Gridley

Our back check has one simple premise.... everyone gets back as quickly as possible! Our goal is to create a turnover in the neutral zone. If not, we get back into the defensive zone and pressure, support, and regain possession. Our breakout consists of getting out of the zone as quickly as possible by either skating it out or getting out with quick, short passes. Our attack is also simple...get the puck up the ice quickly. When we gain the zone, we get the puck to the net and crash the net for rebounds.

There are plenty of systems in our game. Watch any NHL game and you can see them in action. It's fun to watch the best players in the world execute these systems.

But when it comes to teaching young players, or new players, I think we need to keep it simple. If we teach them basic hockey skills and basic hockey tactics, then give them a simple framework for the flow of the game, they will figure it out.

Many coaches (including myself) are Type A control freaks. It can be hard to let go. But it's also very rewarding to see players use their skills and creativity and have success.

*Chuck Gridley
New York District Coach in Chief*



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It's Nomination Time!

The 3rd Annual Tyler Putnam Youth Hockey Awards



NEW AWARD CATEGORIES ANNOUNCED FOR THE 2016 CEREMONY

COACH OF THE YEAR: recognizing an exceptional, dedicated, hockey coach who has had a positive, lasting impact on his/her players, parents of his/her players and organization/program he/she represents.

ORGANIZATION OF THE YEAR: recognizing a hockey organization/program that has met or exceeded the members expectations, delivers a consistent and enjoyable experience for its members, and has shown growth in all keys areas.

HOCKEY ARENA OF THE YEAR: recognizing a local hockey arena, it's owners and staff for not only providing a safe, clean, comfortable arena for hockey players and parents but for offering additional amenities and resources for their customers at affordable prices.

The 2016 Tyler Putnam Awards Ceremony is scheduled for Saturday March 12, 2016 at the Whitter House in Rochester, NY. Last year's award ceremony hosted over 200 of Rochester NY's who's who in youth hockey and celebrated over 20 award winners from 20 different hockey programs in the greater Rochester, NY area and Syracuse, NY. This formal ceremony has celebrity speakers, beautiful, custom awards, a fantastic, complimentary dinner and is recognized by local TV, multiple hockey magazines and other media sources. This year's event will honor upward of 25 players and host a record breaking 300+ people! It is truly a great experience for all involved but most impor-

tantly, the Tyler Putnam Awards has raised thousands of dollars for local charities!

Tyler Putnam's Story

Tyler Putnam's dream was to play for his High School Hockey team, The Irondequoit Eagles, Junior Hockey, Division I Hockey and ultimately Professional Hockey. Tyler was able to realize two of those dreams, having played for The Irondequoit Eagles as an eighth and ninth grader and then with the Maksymum Junior team here in Rochester, NY. At the conclusion of his first Junior season, Tyler was well on his way of realizing his next dream as he was offered roster spots on five Junior A teams from Rochester, Minnesota to San Diego, California.

In July of 2011, Tyler's hockey dreams ended tragically when he died of an illness called "meningococemia", which is an infection that affects the bloodstream. Tyler Putnam was known for his high energy, incredible work ethic, and desire to achieve his goals. Tyler has been memorialized with a banner hanging above the ice at a local hockey arena as well as by a memorial helmet sticker that dawns the symbol of a hard hat – a symbol of Tyler's hard work and dedication to the game that he loved.

The NewEdge Hockey Training Company awards a Tyler Putnam Award to one player from a number of Rochester area organizations. Each recipient will receive a top of the line , custom, commemorative plaque and will be honored on the NewEdge Hockey website, the Tyler Putnam Foundation website, in the WNY Hockey Report magazine, and in NY Hockey Online.

(Continued on Page 46 in West Section)



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REBOUND CONTROL

By: Bob Janosz

Coaches at every level wish their goaltenders controlled rebounds better. Rebound control can be improved by every goalie at every level from youth through pro. Goalies know that they need to control rebounds; but they often don't know "how". This article will focus on the overall approach to the shot and post save response in order to help goaltenders with this difficult skill.

- 1) Shot approach: This goes back to footwork before the shot. Being square, set, and on-time while maintaining appropriate depth makes puck tracking and ultimately controlling rebounds much easier. The goaltender will have to make less "desperation" saves, which makes controlling rebounds extremely difficult.
- 2) Puck tracking: Reading the release of the stick and tracking the puck as soon as it leaves the blade allows more time for the goaltender to determine the path of the puck. This also includes following pucks into and away from the body.
- 3) Reading the situation: Knowing where the most imminent dangers are, and what options the shooter has will help the goaltender determine where they should direct the rebound.

There are several "technical" skills that the goaltender must know about in order to either "trap" or "direct" the puck to a safe area. These "technical" skills will be broken down into 3 categories (Low, Mid, and High Shots). With all of these saves the goaltender should "shift" into the puck. Shifting means the goaltender is dropping as much of their body towards the puck without "sliding" into the shot. See the pictures below on shifting.

- 1) Low: Low shots are the most difficult to control. Stick involvement and pad angle in relation to puck direction determine what save technique should be used. The stick is the easiest way to control shots on the ice. Rotating the stick in an arc can easily deflect the puck to the corner when the goaltender has time to "react". The pads should still be down on low shots as a back up if the stick misses. If the stick misses the goaltender should try to angle the pad towards the corner, and use the shin of the pad as the most predictable method. The situation and angle the puck is shot from determines what pad or stick angle should be used.
- 2) Mid: Pucks shot high on the pads and in the mid section should be controlled using a butterfly and allowing the puck to "stick" to the goaltender. Bring the gloves to the puck after the puck has hit the body. The goaltender needs to give with the shot to assure there is no rebound. Shots blocker side just above the pad is a difficult save as the goaltender must butterfly and rotate the blocker at the same time.
- 3) High: The easiest to control by using the gloves or armor. Pucks should be caught in the



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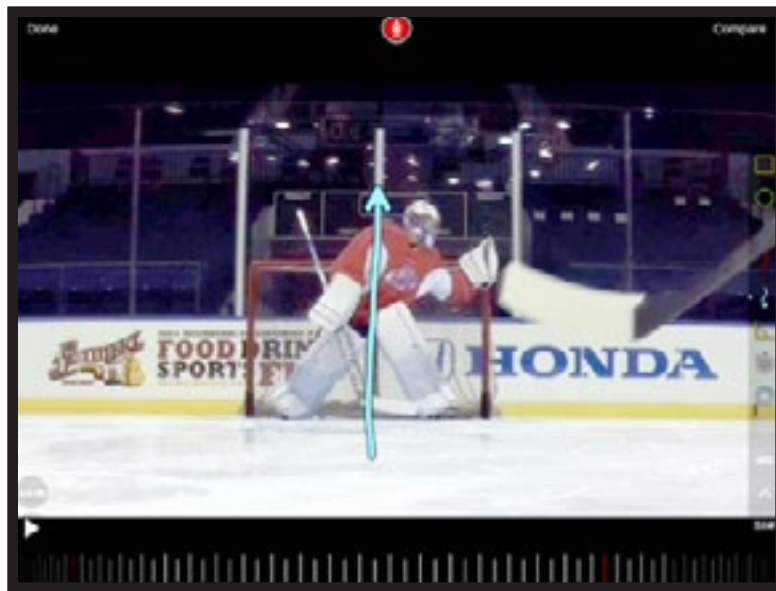


JANOSZ GOALTENDING

webbing whenever possible with the glove. They should also be caught in front of the body to assure puck tracking into the glove. Shots to the blocker should be turned to the corner by rotating the wrist.

As you can see rebound control is much more difficult than many people realize. Starting with a good approach and early puck tracking ability combined with proper save mechanics will improve rebound control when there is time to react. More advanced rebound control on "blocking" saves such as the narrow butterfly and paddle down will be discussed in later articles.

Figure 1. Shifting into high shot. Upper body is moving towards the puck.



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Figure 2. Shifting into mid height shot. Notice how the goaltender center “shifts’ towards the puck.

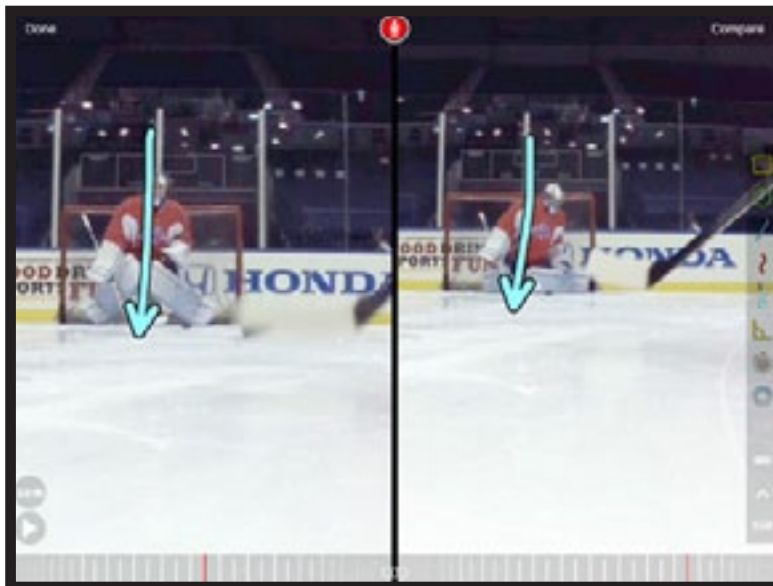
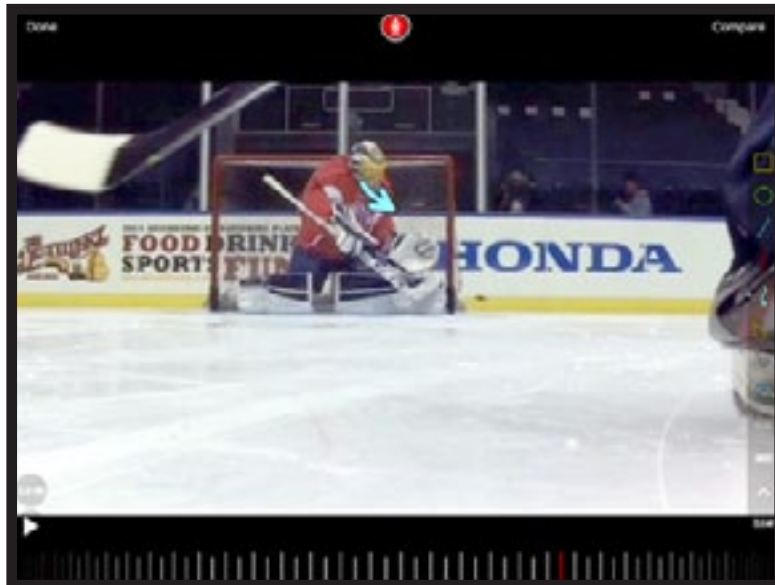


Figure 3. Shifting into puck on low shot. Chin down to track puck to and away from body.



For more information on Janosz School of Goaltending Camps, Clinics, and Private training go to www.bobjanosz.com or call 716-308-9224.



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CENTRAL NEW YORK



Central Men's College Ice Hockey Report

by Warren Kozireski
Wkozires@brockport.edu



season—third in the conference—but allowed a league-worst 77. Former freshmen Darren McCormick (West Seneca), Dan Broderick (White Plains), Andrew McCann and Tommy Nolan (Mahopac) will try to repeat their first year offensive numbers without the nation's top scorer in Nick Zappia.

The team returns six-of seven leading scorers, including the SUNYAC's 3rd and 4th leading scorers in McCormick and SUNYAC Rookie of the Year Broderick.

Juniors Casie Garrison (Cortland) and Michael Mascaro (Merrick) will be expected to provide secondary scoring.

The defense is anchored by senior captain Ryan Wagner (Buffalo) and senior Kyle Herring, but young behind them in sophomores Drazen Zack and Cory Lauer and newcomers in front of SUNYAC All-Rookie team goaltender Drew Weigman in net.

The team has six new faces this season.

"The Red Dragons are young and talented," head coach Joe Cardarelli said. "The key to the team's success will be developing consistency across the lineup."



COLGATE

With his three-point effort against RIT Oct. 23, Tyson Spink became just the 51st player in program history to reach the 100-point milestone for his career and the first since Austin Smith accomplished the feat during the 2011-12 season.

With three goals in the season's second game against Mercyhurst, Mike Borkowski became the first Raider to record a hat trick since senior Darcy Murphy netted three goals in a 5-2 win over St. Lawrence on March 15, 2014.

2005 grad and goaltender State Silverthorn has been named assistant coach for Bentley University.

CORNELL



Junior goaltender Mitch Gillam is on the Mike Richter Award Watch List for the 2015-16 season. He earned All-Ivy League Second Team honors and ranked fifth on Cornell's career goaltending list with a 2.01 goals-against average at the end of the season.

CORTLAND

The Red Dragons had little trouble scoring goals last

ELMIRA

The Soaring Eagles stumbled their way through the second half with only four conference wins after December before the postseason.

Defense will be a focus for 2015-16 as they allowed a tied for second worst 47 goals in conference games and 87 overall in 27 contests.

More information was not provided despite several communication attempts.



HAMILTON



The Continentals had one of their best seasons in recent memory. Now they will attempt to build on that and reach at least the NESCAC semi-finals for



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the first time since 2009-10

Kenny Matheson and Robbie Murden return as top players in the league. The decision will be to play them together or spread the offense out over two lines. Matheson finished with nine goals and 20 points last season while Murden led the team with 15 goals and 32 points.

Freshmen Neil Conway and Tyler Bruneteau both had solid freshman campaigns that they use to build on finishing fourth and fifth on the team in scoring.

Brad Smelstor and Conor Lamberti (Kings Park) expected to log big minutes on defense with Marko Brelih quarterbacking the power play again. Bennett Hambrook and Tyler Lovejoy only missed one game between them last year.

Evan Buitenhuis returns from injury as one of the best goalies in the league. He registered a 1.80 goals against average over five starts before being sidelined.

Jason Brochu and Ian Nichols are among the recruiting class who will get chances to contribute right away.

"We took a significant step forward in the league last season and we are aiming for home ice in the playoffs this year," head coach Rob Haberbusch said.

HOBART

After the third ECAC West title in program history, the Statesmen



"Where Friends Send Friends"

embark on 2015-16 without two of its top three scorers and, more importantly four defenseman from last year's squad.

Leading scorer Bo Webster and Mac Olson will be co-captains and lead the offense along with seniors Ben Gamache and Brad Robbins along with juniors Nic Bingaman and Bobby Sokol.

Junior defensemen Jon Neal, Carl Belizario and Mitch Beyer (Clifton Park) will see plenty of minutes in front of five freshman blueliners all fighting for playing time including Gates-Chili and Rochester Jr. American product Brian Carville.

Sophomore Frank Oplinger took over the number one spot in goal last season, but will be challenged by junior Lino Chimineti.

MORRISVILLE

The Mustangs missed the playoffs for the fourth consecutive season, but head coach Kevin Krogol welcomes his first recruitment class in the position.

"Our staff has high hopes for this coming season," Krogol said. "With our incoming class, along with our returning group, we feel we have the right guys in place to have a very successful season. We have a great group of guys who are excited to be here and dedicated to the direction we are heading in. As a staff we feel that our program has not quite reached its potential to this point, and we strongly feel that, with work ethic and dedication of this year's group, we should not only be able to reach our poten-

tial but overachieve."

A trio of junior captains in Joseph Santino, Jordan Carvalho, and Darren Young return from the top of last season's scoring chart along with senior assistant captain Marc-Antoine Chaput.

Senior forward Steve Dol and sophomore Layne Martin also are back up front after surpassing 13 points last season.

In addition to Chaput on the blueline, sophomore MJ Maerkl (Binghamton), senior Tyson Avery and junior Joe Ftoma form the core of the defense.

Sophomore goaltender Steven Dombrosky won six games as a freshman, but needs to improve on his .885 save percentage.

"We have a number of new guys who are all expected to contribute. We have added some skill and grit to our back end with the addition of Mike Giacometti and Dave Landau. Up front we have high expectations for guys like Danny Liscio, Tyler Lepore, and CJ Stubbs, who are all smart, skilled players who can bring some needed components and compliment some of our other guys very well. With the addition of CJ Sharp in goal, we are very excited to see what he can do and feel very secure in the nets with our goaltending trio."

OSWEGO

After advancing for the NCAA playoffs again and losing only four primary seniors the Lakers are primed to compete for not just a SUNYAC title, but a national

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championship in 2016. Junior forward and league MVP Shawn Hulshof will have an expanded role on special teams. Juniors Alex Botten, Matt Galti, and Kenny Neil along with sophomore Mitchell Herlihey all exceeded the 20 point mark last season and provide two solid forward lines.

Junior defenseman Chris Raguseo will have an expanded leadership role and increased special team play. Classmates Stephen Johnson, Andrew Barton and Sean Federow gives them a deep blueline corp.

There may be a battle for the crease with junior goaltender Matt Zawadzki starting the season with the most experience, but junior transfer Adrian Ignani arriving from Division I Niagara with a combined 26 games under his facemask.

“Freshman defenseman Kris Brun will battle way into a top six role,” head coach Ed Gosek said. And freshman forward Cameron Barry is looking to use his speed to compete into lineup.”

“(We hope to) position ourselves to qualify for a home ice playoff position,” understated Gosek.

UTICA

The Pioneers stumbled down the stretch with just one win over the final month, but half the roster was in their first collegiate season and will use it as a building block.

“Coming off a year with 14 freshmen we are that valuable year older,” head coach Gary Heenan said. “A lot of one goal losses (that) we are looking to turn around. (WE) lost some true scoring ability to graduation and will need to score by committee this year. A home playoff game will be our long term goal.”

Juniors Trent Samuels Thomas and Easton Powers, senior Joel Wetmore and sophomore Kevin Valenti return among those who netted ten or more points last season. Sophomore Alex Brissette will get the chance to move up to a top-two line as well.

Sophomore Dalton Carter had a breakout freshman campaign leading all defenseman in goals and was tied for second overall on the team in points.



Classmates Vinny Stefan and Brett Szajner and juniors Jide Idowu and Kevin Kirisits will provide the core of the blueline.

Senior goaltender Dylan Wells started all but eight games last season and picked up all but two of the team’s victories. Alex Roberts and Michael Frederick are among the recruits who will fight for important roles.

The team welcomes regional rival Oswego, Saint John’s and St. Thomas their Thanksgiving weekend showcase.



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Randy@nyhockeyonline.com**



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Central New York Women's College Hockey Report

By Janet Schultz
Janet@nyhockeyonline.com



Utica

The Utica College women's hockey team has released its 2015-2016 schedule.

The schedule features 16 regular season home games at the Utica Memorial Auditorium, including the Pioneers home opener on October 31st against SUNY Canton at 7 p.m.

Early Season ECAC West Play: After opening with two games at home against SUNY Canton on October 31st and November 1st, the Pioneers will play six straight ECAC West Conference contests against William Smith College (Home, 11/7/15 & Away, 11/8/15), Oswego State (Away, 11/14/15 & Home, 11/15/15) and Elmira College (Away, 11/21/15 & Home, 11/22/15).

ECAC West Conference Play: UC will play ECAC West opponents in the last 10 games of the regular season. The Pioneers will play each conference opponent twice throughout the regular season, 11 of the 18 total ECAC West games to be played in the regular season are scheduled to be played at the Aud.

No Easy Road: Utica will play six games against teams that finished the year ranked in the top five of the final US-CHO.com National Poll. UC will take on two-time defending national champion Plattsburgh twice (2/13/16 & 2/14/16), nationally-ranked No. 2 Elmira twice

and they also have two non-conference games against No. 4 Norwich (Home, 1/10/16) and No. 5 Middlebury (Away, 1/15/16).

Home Sweet Home: The Pioneers will play seven of their final nine regular season contests at home and UC closes out the regular season with four consecutive home games against Plattsburgh State (2/13/16 & 2/14/16) and Buffalo State (2/20/16 & 2/21/16).

Post Season Play: The ECAC West Conference Tournament begins on February 27th and continues on March 5th.

13th ECAC West Postseason Appearance: Utica closed out its 2014-15 season with an 11-11-5 overall record after making its 13th appearance in the ECAC West Conference Tournament in program-history. The Pioneers fell in the semifinals of the conference tournament to nationally-ranked No. 2 Elmira College.

Pioneers All-Access: If you can't make it out to the "Aud" to watch the

game in person, Pioneers All-Access is the place to be on game day, providing live video, audio (WPNR 90.7 FM) and stats for all UC home games at the rink... Pioneers All-Access is a completely FREE service provided for those members of the Pioneer nation that might not be able to make it out to the game ... Make sure to check out Pioneers All-Access at <http://portal.stretchinternet.com/utica/>.

Syracuse



The Orange opened the season with a 1-0 loss to Queen and followed that with their regular season opener, a loss to Clarkson.



Over a 11 (Oct. 29) they are 3-4 and looking at

Lindenwood, Clarkson, Cornell, RIT and North Dakota in November.

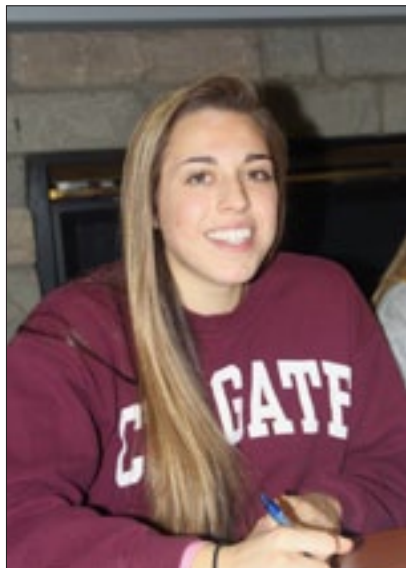
Amherst's Maddi Welch (pictured) had her first collegiate start in a 4-3 loss to UConn. Welch made 15 saves, allowed 4 goals. Welch played for Nichols School in Buffalo and for the Niagara Junior Purple Eagles.

(Continued on next page)



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Olivia Zafuto on National Letter of Intent Day earlier this Spring.

Colgate

Shae Labbe and Ashlynn Rando took ECAC awards as Rookie of the Week and Goaltender of the Week on October 6.

Labbe had 3 goals and 2 assists and Rando had 2 victories over Robert Morris. Labbe was also named Rookie of the Week October 20 for her 1 goal and 2 assists that weekend.

New Hartford's Annika Zalewiski had four goals and 2 assists since the first game. She had a goal in four of five

games and assists in two others. Zalewiski played for the Buffalo Bisons and Nichols School.

Niagara Falls' Olivia Zafuto has had 6 assists as a freshman. Four in the two matchups against Robert Morris and 1 vs UConn and 1 vs Merrimack. Zafuto played for the Niagara Junior Purple Eagles and Nichols School in Buffalo.

The Red Raiders will face Quinnipiac, Princeton, RIT, Cornell, Syracuse and Mercyhurst in November.

Elmira

The Soaring Eagles open at home on November 13 against Cortland. They will then face Utica at home and Utica on the Road, Middlebury and Gustavus Adolphus in November.

Oswego

The Lakers opened October 30 against New England and are at home the following evening against Castleton.

Brianna McFall of Falconer and the Buffalo Regals is entering her first season with the Lakers.



"Where Friends Send Friends"

Cornell

Alyssa Gagliardi was named to Team USA and will play in the Four Nations Cup. Several of her teammates will be facing her as they were named to the Canadian National Team including Laura Forlino '13, Laurianne Rougeau '13; Jessica Campbell '14, and Jillian Saulnier '15.



After opening with two exhibition games that included a 3-2 victory over the University of Western Ontario and the Red team beating the White 9-8 in the Red/White game, Cornell opened its season October 23 at home against Boston College.

A pair of empty net goals in the waning moments of the game gave No. 2/3 Boston College a 4-1 win over No. 9 Cornell women's hockey team in what was otherwise a tightly contested season opener for the Big Red at Lynah Rink.

Hamilton

Hamilton opens November 20 and 21 at Williams.



William Smith

The Herons completed their inaugural campaign with a 3-21-1 record. William Smith's first varsity win came against Neumann at the Cooler last season. The Herons pulled out a 3-2 win in overtime after tying the game in the final 90 seconds of regulation. William Smith closed out its first varsity season on a high note with a 4-0 shutout of Cortland.

Head Coach Jaime Totten enters her second year behind the bench for the Herons hoping to build off the momentum of last season.

"We did a great job of establishing the culture of the program last year, especially towards the end of the season when we learned what was needed to win games," she said. "This season, as a team, we are looking to create a winning culture on the ice. The pace of practices has been great and all the players are showing great pride and commitment in building a winning program. The added depth of nine first-

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years has been great especially on the power play and penalty kill.”

Forward:

William Smith’s top-four point scorers from a season ago will look to provide a spark for the Herons on the offensive end. Sophomore Krista Federow recorded a team-high 19 points last year, leading the team with 11 goals and eight assists. Four of Federow’s goals came on the power play and two came short-handed. Sophomores Catherine Linehan and Dori Craig tied for second on the team with 10 points apiece. Linehan notched five goals and five assists while Craig scored three times and added seven helpers. Kiley Fewster came on strong for the Herons at the end of the year. She enters the season on a three-game scoring streak.

Sophomore Morgan Bayreuther wrote her name in the history books last season when she scored the first varsity goal for the William Smith hockey team against UMass Boston. She ended her rookie season with six points (3g, 3a). Rachel McKay also finished last year with six points. Sophomores Sarah Garrett and Lizzy Weingast will add to the Heron offense with one year of experience under their belts. Grace Durham will make the switch to forward after playing defense her first-year. She collected five points in 20 games on the blue line for the Herons a year ago. Six first-years will add depth to the offense.

“Our forwards have shown great progress in practice,” Totten said. “They are creating more open space and showing the ability to move the

puck well. The first-years have been like sponges absorbing advice from the returning players.”

Defense:

An ECAC West All-Rookie team selection, Rebecca Begley will lead the William Smith defensive group. Begley recorded two goals and six assists for eight points on the blue line in 2014-15. Fellow sophomores Hedi Droste and Emily Burton will the William Smith defense. Droste and Burton each finished their rookie seasons with six points.

“We will be looking to add to our offense from the blue line this season,” Totten said. “The three returners are solid on the blue line but will need to stay disciplined in our own end. With only three returning defenders, the three first-years will be heavily relied on to contribute from the opening faceoff.”

Goalie:

All four goalies from last year’s squad return. Maggie Salmon started in goal in each of the final eight games last season. In the final game of the season she earned her first career win, posting the first shutout by a William Smith goalie in a 4-0 victory over Cortland. Salmon finished her rookie season with a 4.28 goals against average and a .908 save percentage. Megan Messuri logged over 500 minutes in the cage for the Herons last year and won two games. She ended the year with a 3.47 goals against average and a .924 save percentage. Emily Spencer got one start against Plattsburgh and will vie for playing time this season. Sophomore Laurel Brown is also back for William Smith and will look to work into the goaltender rotation.

“Salmon will need to start this season the way she finished last year,” Totten added. “She needs to continue working and build off the success she had late in the year. It is important for us to establish who our starter is in October and November.”

Schedule:

The Herons will play four of their first five games at the Cooler this season. After opening up against the Beacons, William Smith will play its first ECAC West game of the season as part of a home and home with Utica. The Pioneers will host the Herons on Nov. 7 before traveling to Geneva on Nov. 8. William Smith will wrap-up 2015 with a pair of conference games against Chatham before stepping out of conference play to begin 2016. The Herons will begin 2016 on Jan 5 against first-year varsity program Morrisville. In the second half of the season, William Smith is scheduled to play two teams ranked in the D3hockey.com preseason poll. On Jan. 15-16, the Herons will travel north to take on two-time defending national champion and preseason No. 1 Plattsburgh. Valentine’s Day weekend, William Smith will face preseason No. 2 Elmira in a home-and-home.

New Yorkers Maura Mulligan of Troy and Egan Sacks-Hecht from Platinview are on the roster.

Cortland

The Castleton women’s ice hockey team scored three goals in a 2:36 span in the third period and defeated Cortland, 3-0, in the season-opening game for both teams Friday night at Alumni Arena.



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For the Red Dragons, senior goalie Deanna Meunier (Parsippany, NJ/New Jersey Rockets) turned aside 26 shots. Senior goalie Jess Cameron (Mt. Mellick, PE/Brester Academy) made 27 saves to earn the shutout for the Spartans.

Five different players scored goals as the Cortland women's ice hockey team defeated New England College, 6-2, in non-conference action at Alumni Arena. The Red Dragons evened their record at 1-1, while the Pilgrims fell to 0-2.

Senior Laura Drew (Andover, MA/Canterbury School) led Cortland with two goals. Senior Maggie Corbett (Queensbury/Queensbury H.S.) tallied one goal and one assist, and senior Katie Gili (Brooklyn/New Jersey Rockets), sophomore Emily Busta (Jackson Township, OH/Ohio Flames) and freshman Charlie Calamari (Barrington, IL/Chicago Fury) each netted a goal. Senior Kaitlyn Ryan (Windsor/Adrian College) recorded two assists, while seniors Madison Fischl (Basking Ridge, NJ/New Jersey Rockets) and Niamh O'Connor (Paramus, NJ/New Jersey Rockets) and junior Ashley Terry (Redford/Chazy Lady

Flyers) chipped in with one assist apiece. Junior goalie Kelly Farinella (Marlton, NJ/New Jersey Rockets) made 12 saves.

Cortland takes on Oswego at home Saturday and Sunday, Nov 7 and 8; puck drops at 2 p.m. both days. They then go to Elmira on November 13 and are at home to Elmira the following day at 2 p.m.

Joining the Red Dragons this season is East Greenbush native Katy Kennedy. Kennedy comes from the Troy-Albany Ice Cats.



Elmira Jackals News and Notes

The Jackals will host a Try Hockey for Free event on November 7, along with other USA Hockey organizations.

This is an opportunity for children ages 4-7 to come out, on the ice, and try hockey with a cross-ice game and some drills.

Register at tryhockeyforfree.com

The Snowbelt Teams season is underway with the Jackals Pee Wee White taking on Corning, Squirt Red vs

Ithaca, Squirt White vs Camillus and Pee White vs Skaneateles.

The Jackals thank the Coach Joe Moran Memorial Scholarship Fund for a donation to their organization. In addition the Jackals raised over \$5,000 for their Scholarship program and for training and certifying coaches.

For more on the Jackals go to www.elmirahockey.com

(NYHOL thanks the Jackals for sending us their newsletter monthly; it's a great help!)



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EAST HOCKEY



East Women's College Report

by Janet Schultz
Janet@nyhockeyonline.com



Union College

Union will hosted RIT in their home opener on October 23. RIT scored two third period goals en route to a 3-1 non-league women's ice hockey victory over Union College at Messa Rink. The Tigers improved to 2-4 on the season while the Dutchwomen fell to 0-4-2.

NY's Brandy Streeter is in her sophomore year with the Dutchwomen. She played for Nichols School and the Buffalo Bisons. The Morrisville native played in 23 games, had two assists and picked up her first career point against Penn State and the second against Princeton. She had 16 shots on net with 25 blocked shots during her first season.

Up next the Dutchwomen face Clarkson, St. Lawrence, Harvard and Dartmouth.

RPI

The Engineers have hired Jake Anderson as an assistant coach. Anderson served as an assistant at Holy Cross for the last two seasons and also taught at private goaltending camps in Virginia and Massachusetts. He was a goaltender for the American International College for four years.

Also joining the Engineers this season as a freshman is Ana Orzechowski of Tonawanda. She comes to RPI from the Pittsburgh Penguins Elite



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Team.

The Engineers are 2-4 early in the season (Oct. 23). Their wins came at the hands of RIT and the losses from the University of North Dakota and Robert Morris.

The November line-up includes St. Lawrence, Clarkson, Dartmouth, Harvard, McGill and the University of New Hampshire.



Manhattanville

The Valiants open November 6 at Nichols College and then come home Saturday, November 16 against U Mass Boston at 3 p.m.



RPI Rookie Ana Orzechowski takes a shot for Kenmore Girls Hockey in the WNYGVH League last season.
(Photo by Janet Schultz)

ARMY

Trevor Fidler scored his first collegiate goal Oct. 9 against Boston College.



MANHATTANVILLE



The Valiants try to rebound from their two-win, two tie last place finish in the ECAC West. They managed just two goals per game on offense, which will need to improve.

Losing six seniors who all played in 20 or more games last season along with number one goaltender Brian Fleming leaves plenty of opportunity for others to move into key roles. No other specific information was provided by the team despite several requests.

R.P.I.

The Engineers swept the ECAC awards for the week of Oct. 9. Player of the Week

Riley Bourbonnais (Greece) scored two goals, including the game-winning in Rensselaer's 2-1 victory over first-ranked Boston College. Rookie of the Week



Evan Tironese assisted on both goals in the same game while Goaltender of the Week Jason Kas-

dorf made 36 saves and added 35 stops against 14th-ranked UMass-Lowell on Friday.

RPI freshmen Evan Tironese and Meirs Moore each netted their first collegiate goals against Alaska-Anchorage in October.

Freshman Brady Wiffen will sit out the 2015-16 men's hockey season after losing his NCAA waiver and appeal.

UNION

Freshman Jake Kupsy was named ECAC Goaltender of the Week the week of Oct. 18. Making his college debut, Kupsy was stellar in net, stopping all 26 shots by Maine to earn his first-career win and first-career shut-out.

Freshman forward Brendan Taylor scored his first collegiate goal as Union and Maine skated to an overtime tie at Messa Rink.

Union College Head Coach Rick Bennett recorded his 100th career coaching victory opening weekend against Boston University.

Hockey will be well represented when the Union College Athletics Hall of Fame inducts the Class of 2015 on November 14 at College Park Hall. Forward Terry Campbell and former men's head coach Charlie Morrison will be among the inductees.

Campbell starred for Union from

East Men's College Ice Hockey Report

by Warren Kozireski
Wkozires@brockport.edu

1987-91 and led the program in scoring each season. He finished his career with 170 points on 51 goals and 119 assists. The points and assists totals are team records. He was named an ACHA All-American in 1991, becoming the first Union forward to garner the honor.



Morrison took over as the Dutchmen's head coach prior to the 1978-79 campaign. He posted 122 wins over the next ten seasons, the second-most in school history behind Nate Leaman's 138 victories. Morrison guided the Dutchmen to three straight NCAA tournaments, including the Division III championship game against Babson College in 1983-84.

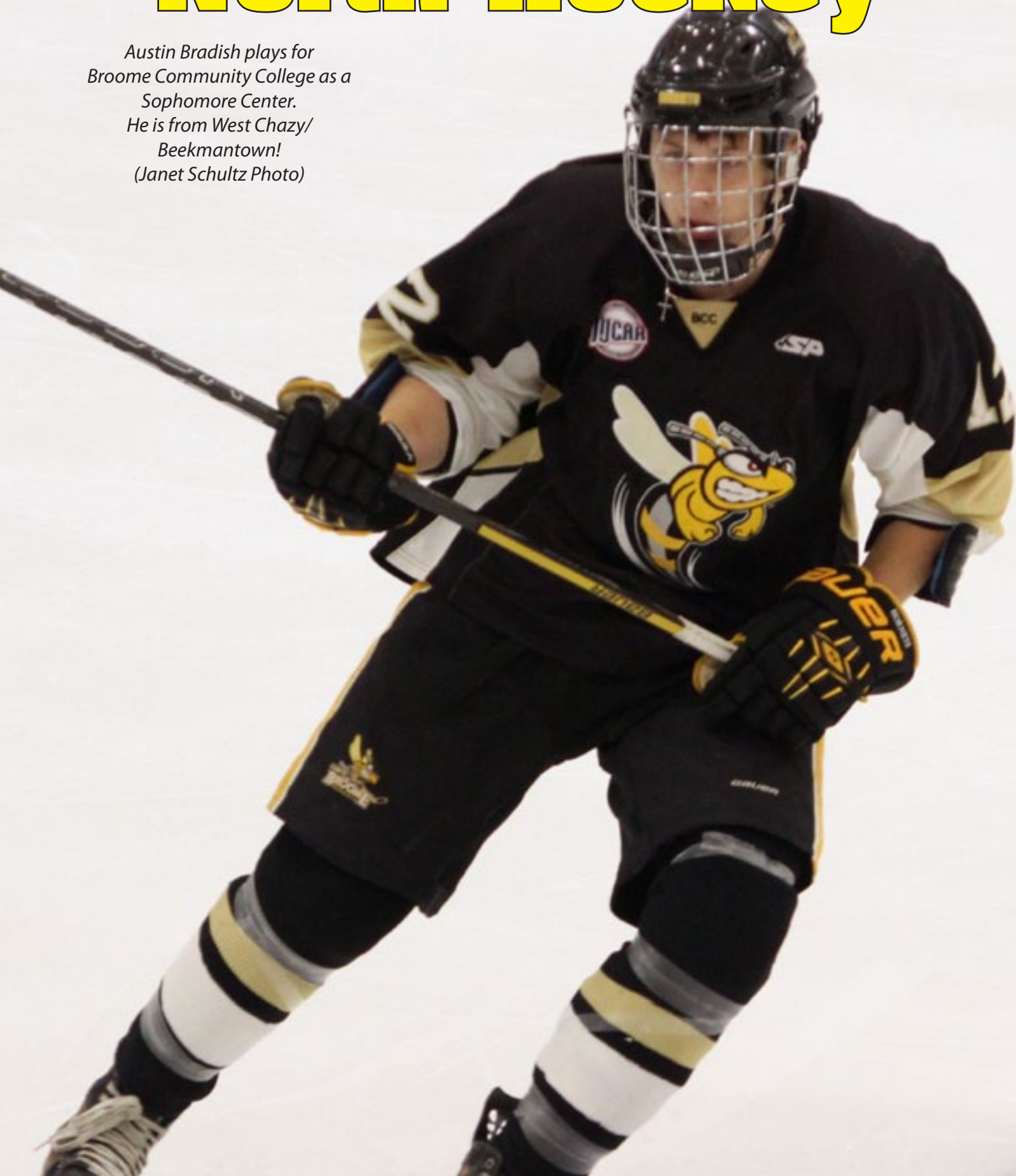


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North Hockey

*Austin Bradish plays for
Broome Community College as a
Sophomore Center.
He is from West Chazy/
Beekmantown!
(Janet Schultz Photo)*



Northern New York Men's College Hockey Report

by Warren Kozireski
Wkozires@brockport.edu

CANTON

Provisional (not eligible for the playoffs) Division III member Canton will play a full 18-game SUNYAC schedule this season and, after losing only four seniors and three other players, will attempt to enter double-figures in wins after last season's eight-win campaign.

Leading scorer Eric Witzel "is a big factor to our power play and will be looked upon in crucial situations, head coach Trevor Gilligan said. "Sophomore, Josh Sova (Oswego) and senior captain George Curry will also be invaluable to our team's success. Josh is coming off a great freshman year and has had a tremendous off-season preparing himself for the season. George is an energy player in every sense of the phrase. His jam and emotion on and off the ice is a contagious variable within our team and this consistency will be instrumental to our young group."

The young defense will be anchored by sophomores Brett Costello and Brandon McMartin, who combined for 25 points and were both among the top five scorers on the team.

Senior Luis Puig and junior Christopher Marsillo will tend net with Puig the likely starter.

The Roos welcome seven freshman and one transfer.

"We will not be eligible for playoffs, but our main

goal is to put ourselves in contention for playoffs anyways. Other goals will be a great showing in the Middlebury New Year's tourney, and to capture the first Independent Championship, which will be a series with Daniel Webster at the end of the year."

PLATTSBURGH

The Cardinals won their 23rd conference title before losing to eventual national champion Trinity in the NCAA tournament, but now need to replace 45 goals from departed seniors including their top three scorers.

But history shows that Plattsburgh doesn't usually rebuild, they reload.

Seniors Kevin Emmerling, Connor Gorman, Luke Baleshta and Michael Radisa and sophomore Brandon O'Quinn will get the opportunity to move into top line roles.

The defense lost two seniors, but senior leadership from Anthony Calabrese and Rich Botting (Binghamton) will stabilize the backline along with returners Patrick Hermans, Ayrton Valente and Chris Tafs.

Goaltender Spencer Finney missed the second half of last season and will again get the chance to reclaim the crease with Brady Rouleau ready to challenge after his 12-win sophomore year.

"Our goal is for our team to play fast and sound mentally especially from a defensive standpoint, 27-year head coach and SUNYAC of the Year Bob Emery said. "We just want to be in the conversation. Lots of team have more talent than us."

(Continues on next page)



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POTSDAM

The Bears season ended with a home playoff loss to Buffalo State, but the upperclassmen will use that as fuel for the coming campaign as they return seven of their top-ten scorers.

A strong senior class in captain Todd Thomas, Jake Rivera, Billy Pascalli, Matt Thompson and Brad Campagna plus returning seven of their top ten scorers including Dyland VanderEsch, who led the team in points as a freshman, gives the Bears a great forward core to start.

The key to the season will be on the back line after four senior defenseman and their starting goaltender left.

In addition to Campagna, junior Nick Casacci and sophomore Kyle Thacker are the only returnees with significant experience. And the only goaltender on the roster with collegiate experience is Austin Keiser, who has played in 27 games but only 65 minutes last season.

Potsdam welcomes 13 new players to the



program) with “added size and grit,” according to head coach Chris Bernard.

“We will play with passion and energy...we have character people who are invested in our program. The SUNYAC is ultra-competitive every game so, in the end, it will come down to our ability

to execute consistently.”



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Northern New York Women's College Hockey Report

by Janet Schultz
Janet@nyhockeyonline.com



Potsdam

Season Preview by Potsdam Athletic Department:

The SUNY Potsdam women's hockey team looks to rebound this year after a difficult 2014-15 campaign that saw it miss the postseason for the first time in four years. Last season, the Bears posted a 9-15-1 mark (5-12-1 ECAC West) for a seventh place finish in the ECAC West.

However, Potsdam returns nearly everyone after graduating only one player. Izzy Fayerman served as the Bears captain for three seasons and ranks fourth on the program's all-time scoring list with 30 goals and 34 assists for 64 points.

"Izzy will be missed both on and off the ice as she provided great leadership not only last year as captain, but her entire career," said Bears ninth-year head coach Jay Green.

Seniors Sally Mooney (Columbus, Ohio/Wyoming Seminary) and Katie Marsman (Wantagh, N.Y./Wyoming Seminary) will serve as the Bears' captains this season, while fellow senior Abby Tardelli (Potsdam, N.Y./North Country Ice Storm) and junior Kaylen Van Wagner (Red Hook, N.Y./Hotchkiss Prep) will be assistant captains.

Potsdam puts a veteran team on the ice in 2015-16. Twelve of the 20 players on the roster are upperclassmen. The entire squad is balanced with six seniors, six juniors, five sophomores and three freshmen.



FORWARD

Seniors Mooney, Alison Greene (Massena, N.Y./Norwich University) and junior two-time All-ECAC West selection Jordan Ott (Hilton, N.Y./Rochester Edge) will lead the Bears offensively. After missing over half the season to injury as a sophomore, Mooney was healthy again last year. She played in all 25 games and posted five goals and four assists for nine points. Greene joined Potsdam during the second semester last season and still managed to finish third on the team in scoring with six goals and six assists for 12 points. A year removed from her USCHO.com and ECAC West Rookie of the Year season, Ott led the Bears in scoring again with 10 goals and 12 assists. She is already sixth on the program's all-time scoring list with 32 goals and 26 assists for 58 points.

Juniors Amanda Peterson (West Chazy, N.Y./Chazy Flyers) and Roberta Beatty (Prince Albert, Saskatchewan/Ontario Hockey Academy) are back after strong seasons. Peterson scored three goals and assisted on six for nine points and Beatty contributed a goal and three assists for four points.

Three sophomores return to bolster Potsdam's offense. Brenna Wilson (Kanata, Ontario/Ottawa Senators) had a strong freshman campaign with eight



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points on four goals and four assists, while playing in 23 games. Anna-Rose Bertin (Marathon, Ontario/Canadian International Hockey Academy) scored four goals and two-sport athlete Jaci Morr (Monroe, Mich./Team Detroit) had two goals and two assists.

Three newcomers will suite up for the Bears at forward. Sophomore Waddington native Taylor Marcellus (Waddington, N.Y./Ontario Hockey Academy) joins freshmen Tatum Walber (Orchard Park, N.Y./Buffalo Regals) and Jenna Patterson (Boissevain, Manitoba/Westman Wildats).

"All are expected to make contributions as first year players," Green said. "The freshmen forwards have skill sets that should provide needed offensive support for our returning lineup. They all have the competitiveness and attributes we hope will develop and be significant contributors in the years ahead."

DEFENSE

Six of Potsdam's seven defenseman are veterans and five were with the team last season. Marsman is back to anchor the defensive corps. The senior has steadily improved into the one of the toughest and most stable blue liners the Bears have. Last year, Marsman added playmaker to her resume, finishing second on the team with 10 assists. She has missed only one of Potsdam's 77 games since she put on a Bears' jersey as a freshman. Emily Kriwox (Tupper Lake, N.Y./Tupper Lake Lumberjacks) and Rachel Grefke (Livonia,

Mich./Victory Honda) are Potsdam's other senior defensemen. Kriwox saw action in 24 games last season and Grefke played in all 25.

Van Wagner and Kady Hart (Potsdam, N.Y./North Country Ice Storm) make up the returning junior class. Both played in every game during 2014-15 and registered a goal and an assist apiece.

Junior Madison Smith (Edmonton, Alberta/The College of St. Scholastica) joins the Bears after spending the last two seasons manning the blue line for the College of St. Scholastica. In 35 games with the Saints, she scored a goal and recorded three assists for four points. Freshman Rylie Murray (Berkley, Mich./Team Detroit), also a member of the women's soccer team, makes the trek from Michigan.

"We are expecting Madison to make an impact and be a major contributor for the next two years," Green said. "Rylie brings quickness and skill to the defense corps and is looked upon to make significant contributions immediately as well."

GOAL

After two seasons of limited action, Tardelli steps into the starting role between the pipes for Potsdam. The senior, who was the conference's all-rookie goaltender with a playoff game start two seasons ago, was 2-6 with a 4.54 goals-against-average and a .885 save percentage. In her second season with the Bears, sophomore Massena native Megan Hans (Massena, N.Y./Cornwall Typhoons) will back up Tardelli.

SCHEDULE

Potsdam plays its usual challenging ECAC West schedule this season, which includes four games with the the last three national champions in Plattsburgh and Elmira. The Bears open conference play at Buffalo State on Nov. 6. Potsdam will play nonconference contests against familiar foes in Saint Michael's, Canton, Hamilton and New England College as well as start a new rivalry with Becker.

The Bears opened the season in South Burlington, Vt. on Oct. 30, against the Purple Knights of Saint Michael's.

The Potsdam athletic programs took part in the Buck Up For Kids Project to raise money for sports, music, art and advanced placement courses for students in the Potsdam area. The Program is part of the Dick Murphy-Dalton Guigette Memorial Youth Project which raises money for students in local school districts. Their philosophy is that children involved in academic and extra-curricular activities outside the classroom are more likely to stay in school, make positive choices and be productive members of the community.

The Bears opened their hockey season October 30 and 31 at St. Michaels and then travel to Buffalo for the Bengals home opener on November 6 and 7. The Bears will be on home ice on November 10 at 7 p.m. when they face-off against neighboring Canton.

Clarkson

For the first time in the program's 13-year history, the fourth-ranked Clarkson University Wom-



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en's Hockey team has started its season with seven wins in seven games, the second longest active streak in the country. The Golden Knights will try to continue that streak when they host the University of New Hampshire for a pair of games in Cheel Arena.

Can't make it to the game? Follow the Golden Knights over the Internet at Clarkson Hockey Broadcast Central or Clarkson Athletics on your mobile device with live video, internet radio broadcast and live in-game scoring.

Led by eighth-year head coach Matt Desrosiers and second-year assistant coaches Britni Smith and Meghan Duggan, the Golden Knights traveled to Boston University for a pair of games against the 9th-ranked Terriers at Walter Brown Arena. In game one, Clarkson fell behind 2-0 early in the second period, but four straight goals, including three by freshmen, brought Clarkson back to a 4-2 win. The next day the Green and Gold once again hung four goals on BU in a 4-1 victory.

Clarkson's comeback was sparked by three freshmen scorers. First Emma Keenan grabbed her first collegiate goal before Loren Gabel tied the game at two goals apiece. Kelly Mariani scored what ended up being the game-winning goal before junior assistant captain Cayley Mercer added an insurance goal. The next day Clarkson took a 2-0 lead on two goals by senior assistant captain Olivia Howe before junior Genevieve Bannon scored two insurance goals.

Mercer leads the team with 11 points on four goals and a team-

high seven assists. Mercer is tied for 16th in the country in both points and assists per game.

Howe and sophomore Savannah Harmon are tied for second on the team with eight points apiece. Howe has four goals, including three game-winners which is the best total in the country, and four assists. Howe was named ECAC Hockey Player of the Week for her performances against Boston University. Harmon has notched two goals and six assists. She is fifth in the country in points per game by a defenseman. Harmon joins Mercer as the only two Clarkson skaters to record a point in every game while Howe has tallied at least a point in six of seven games.

The six newcomers on Clarkson have wasted little time in contributing to the Golden Knights' offense. The freshmen have accounted for 30% the team's offense, with 12 goals and eight assists for 20 points. Leading the way are Rhyen McGill, Loren Gabel, and Kelly Mariani who all have five points with McGill scoring four goals and an assist and the other two scoring three goals to go with two assists. Emma Keenan has also added a goal and a pair of assists with Josiane Pozzebon chipping in a goal and an assist. The class is also racking up awards, with McGill earning ECAC Hockey Rookie of the Week for the week of October 13th and Mariani being named to the ECAC Hockey Honor Roll this week.

Clarkson is one of only three teams with both its offense and defense ranked in the top six of the nation. Clarkson's offense is sixth

in the country, scoring 3.71 goals per game. Impressively, Clarkson's scoring has been extremely balanced, with the Golden Knights owning the top ranked offense that does not have a player who is in the top 20 of goals per game. Clarkson already has 11 players who have scored a goal and two others, sophomores Amanda Titus and Brielle Bellerive, have added three assists.

The defense is led by sophomore goaltender Shea Tiley. The reigning ECAC Hockey Goaltender of the Week is a perfect 6-0-0 this season with two shutouts. Tiley made a combined 54 saves in the two games against Boston University. She is currently 5th in the country with a 1.00 goals against average and 3rd in save percentage at .958.

In November they will take on Union, Rensselaer, Syracuse, UConn, Quinnipiac and Princeton. All but the RPI game will be played on home ice.

Plattsburgh

Plattsburgh is coming off a 26-2-2 season that gave them the National Title. They received the most votes in the ECAC PreSeason Poll on October 23.

In 2014-15 they took their third consecutive ECAC Championship as were the top seed in the NCAA Tournament, beating St. Thomas in the quarterfinals and moving on. As host to the semi-finals and the Championship game they beat Norwich 5-2 and then beat Elmira 3-2 for the championship.

They opened at Norwich on October 31 and then face Chatham



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and Castleton in November.

Nicole Mensi of Mamaroneck comes to the Cardinals from Northwood School this season. He is a forward.

Also from Springville, NY is Nichols School graduate Ashley Songin.

St. Lawrence

The Saints opened their season with a 4-2 victory in exhibition play over McGill. In their regular season openers on September 26 and 27 they dropped both games to Northeastern and are 2-5-1 on the season (Oct. 23).

They faceoff against RPI, Princeton, Union, Penn State, and Quin-

nipiac in November.

Potsdam's Allison Compeau is a freshman goaltender with the Saints. She played for the North Country Ice Storm.

Another New Yorker is Senior Goalie Mikaela Thompson from Webster and the Rochester Edge. She played in 3 games her freshman year, one game in each of her sophomore and junior years.

As a Junior she had her first career start against Dartmouth and made 29 saves with 3 GAA in 57:40 minutes.

Canton

The Roos opened Halloween night against Utica.

They take on Morrisville November 13 at 4 p.m.

Some New Yorkers joining the Roos this season are Buffalo's Grace Page (Buffalo Regals) as a freshman forward and Noelle Niemiec (Staten Island/NJ Rockets) on defense.

Taylor Wasyek has been named an assistant coach with the Roos. She comes after serving as an assistant coach at UMass/Boston and as a four-year player at Boston College. She was also a member of Team USA at the U18 and U22 levels as well as the Senior National Team.

NA3EHL Report

The start of moustache season is here once again and the North American 3 Eastern Hockey League (NA3EHL) and the Movember campaign is calling on all men and women to "Shave the Date: Movember 1." Movember participants like those in the NA3EHL are hosting local events across the US on November 1 to kick off the moustache movement to change the face of men's health.

For the first time the NA3EHL will be a part of Movember with their own campaign involving all 13 teams and the over 300+ players in the league. The NA3EHL Movember campaign is all about bringing back the moustache, having fun and doing it for a serious cause; men's health, specifically prostate and testicular cancer initiatives.

Here is how it works... as the official rules of Movember state, all Mo

Bros (NA3EHL players), once registered, must begin clean-shaven on the 1st of Movember and grow just a moustache (no beards, no goatees) for the 30 days of November. For the rest of the month, these selfless and generous men groom, trim and wax their way into the annals of fine moustachery. Also supported by the women in their lives, Mo Sistas, the NA3EHL and their Movember Mo Bros raise funds for awareness for their Mo-growing efforts. Mo Bros effectively become walking, talking billboards for the 30 days of November.

Around the NA3EHL

The Jersey Shore Wildcats are in first place in the West Division, followed by the New York Aviators, Roc City Royals, Lockport Express, Syracuse Stampede and Wilkes Barre.

Leading the score board are

NY Aviator Jimmy Warrick, followed by JS Wildcat Jared Karas and Roc City Royal Anthony DePetres of Rochester.

Aviators Goalie Stephen Munding of Smithtown is in fourth place in the list of goaltenders with a 2.02 GAA and .945 save%.

Pictured below is Munding making a save at Lockport Express earlier this season. (Janet Schultz Photo)



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West Hockey



Lake Effect Youth Hockey At Home In Lockport

By Randy Schultz
Randy@nyhockeyonline.com

It is hard to believe that a year has passed since the Cornerstone Ice Arena opened its doors in downtown Lockport. Of course with a new building comes youth hockey.

In just a year not only has youth hockey grown, but it now has an official name: *Lockport Lake Effect Youth Hockey Association*.

At the other end of the spectrum, adult hockey has blossomed as well with the addition of the Lockport Adult Hockey League.

Tom Dockery, Hockey Director for the Cornerstone Ice Arena has been the quiet force behind the growth of youth and adult hockey in the Lockport region.

"We began the youth hockey program last November, growing very slowly in the beginning, and ended up having approximately 100 to 110 youth playing hockey," said Dockery. "We really didn't have a name in the beginning.

"But then we partnered with Lake Effect Ice Cream, who are based out of Lockport."

Dockery went on to explain how the program grew.

"We ran it by age groups

instead of divisions like mites and squirts," continued Dockery. "We also had a summer program that ran from April through August.

"We had about 100 kids in that program as well. It ranged from kids who were just learning how to skate right up to kids who were AA who just wanted to skate during the summer.

"And you have to remember that this was all done in-house because we were not sanctioned with USA Hockey at that point.

"We have since been approved and we still have around that 110 mark with participants. About 35 to 40 of the players are in the age of eight and under.

"We now have a Squirt Team, a Pee Wee Team, one Bantam Mole Team and a Midget Mole Team. They will travel and play around the area. Our seven and eight year olds will play in the ADM model.

"It's been a fun experience. Things are continuing to grow and expand."

Like the youth hockey program, the senior hockey started out slowly as well.

"We started out in November with just enough players for four teams," stated Dockery. "But we went from four teams in the Winter League to 18 teams

in the summer.

"We have an open league that is 18 and over as well as a 30 and over league.

"Currently this fall we have 11 teams playing. And I know it is going to continue to grow as the word spreads."

It helps to have a new arena at your disposal.

"People are continually impressed with our Arena, the size of it, the lighting and the locker rooms," concluded Dockery. "It continues to impress people.

"Things are really looking up in Lockport. We have a great hockey community here and it continues to grow."

For further information, you can contact Dockery at: tdockery@cornerstoneicearena.com.



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Columbus Day Tourney A Success

The Columbus Day Early Bird Tournament at Hyde Park Arena was very successful. With over xx teams participating from throughout the East Coast the Arena was full of excitement for the entire weekend.

Among NYS teams participating were the Buffalo Regals, Buffalo Stars, Southtowns Stars, Tonawanda Lightning, Lysander, Clarence/Lockport, Bud Bakewell, Niagara County Coyotes, and several of them ended up in the finals.

Next up at Hyde Park is the Festival of Lights Tournament opening November 27 and continuing through November 29.

(Photos by Janet Schultz)



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Regals Win Detroit Motown Cup

The Regals 14U girls started their season off on a high note by winning the Detroit Motown Cup that was played the last weekend in September.

The girls, who are a very young 14U team, went 3-0 in round-robin by beating the host team, Livonia Knights 2-1, the Burlington Barracuda's, 3-0 and then the Barrie Sharks, 3-1.

In the Championship game, the Regal's faced the Barrie Sharks again and played a very close game throughout and led 2-0 until two late open net goals in the third by Buffalo ensured an end to the intense battle.

The Regal's were led by Abby Ruggiero, who was

named the tournament MVP and Jersey Phillips, who had the most points over the weekend. Others scoring during the tournament were Jenna Cavaliere, Sam Ingham, Maddy Moran, Anna Pitz, Megan Sheehan and Gracee Donovan.

The Regals also received great defensive efforts by Laura Kaplan, Alex Snow, Katie Ryan and Sara Barret.

Also contributing in the winning effort with their strong forward play were Alexa Groh, Jacquie Klawon, Karli Gregorie and Liz Jackson.

In addition, the Regal's received outstanding goaltending from both Hannah Barrett and Mia Wendall.



Cazenovia Girls on A Winning Streak!

The Cazenovia 19U Girls Team were invited to the Penn State East West Showcase, and brought home the gold.

They beat Reston Raiders 3-2, Brick Hockey Club 4-1, and Princeton Tiger Lillies 2-1.

In the Championship game they played Steel City and won 2-1.

They continued their winning streak at the Buffalo Stars Tournament on Columbus Day Weekend.

They took first place with a 6-0-3 record.

(Thank you to Jim Simmons for his photo and report!)



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Buffalo Stars Hockey

Buffalo Stars 19U Girls TB – Long Island Weekend Report

The girls traveled to Long Island to participate in the Lady Islanders' Annual Pink the Rink Showcase. Recently, the team has taken the necessary steps to improve our defensive zone coverage, without impeding our possession numbers and offensive attack. The Pink the Rink Showcase would be a necessary test to see how much progress has been made in these areas.

Buffalo Stars vs. Lady Islanders

After an eight hour team bus ride, the girls met up with the Lady Islanders for the first game of the weekend. The girls came out flat; which can be expected. After going down 1-0 early, the Stars rebounded by tying the game off a great finish by team veteran, Mary-Kate Mullen. After the first period, the Stars controlled the game and possession was one sided. A late goal by the Lady Islanders became too difficult to overcome, and the Stars fell 2-1. The Stars handedly outshot their opponents, but could not convert on their chances. Even with the loss, the coaching staff felt very confident the rest of the weekend would prove to be a success.

Buffalo Stars vs. Northwood School

Saturday was a new day for the Stars, and the girls wanted to rebound from Friday night's loss. The Stars started the day with a matinee against the Northwood School, a prominent preparatory school from Lake Placid, NY.

The Stars came out and executed early. Goals by Rene Doherty and Jordan Weisenburg fueled the offense. However, as the game went on, the Stars allowed Northwood to crawl back in. Possession was still largely in the Stars favor, yet regulation ended with a 2-2 tie. Regulation followed with a five minute 4-on-4, and a five minute 3-on-3 overtime. These periods proved to be unfruitful, and the game ended in a draw.

Buffalo Stars vs. Brewster Bulldogs

The time between games on Saturday became a transition period for the Stars. The team knew they should have two wins by now, yet they haven't seen the results from their hard work. Saturday night's game proved to be a tipping point for the offense. The Stars took on the Brewster Bulldogs, a strong organization from Upstate New York. Behind exceptional goaltending from team centerpiece, Sam Heintz, the Stars got the early lead and never looked back. Quick goals by the self-proclaimed "cherry" line ignited the rest of the team. Again, Weisenburg was an offensive catalyst, scoring twice and assisting on Marci Rodgers', goal. Emily Burow scored off a quick face-off set up by Doherty, and Doherty helped the cause by adding another goal herself. The Bulldogs fell 5-1. Offensive captain and "cherry" line center, Jamie Wheeler was asked about the play of her linemate, "To understand the brilliance in Weisenburg's game is to delve deep into it and see that she's a durable, explosive winger that excels in traditional and advanced areas of today's game."

The Stars took the rest of Saturday night to reflect on their recent offensive explosion.

Buffalo Stars vs. Connecticut Ice Cats
The Stars had an early game against the Connecticut Ice Cats, and the team banked on their renewed confidence in the offense. With added motivation, Jordan Glowacki, took over the first period. Glowacki converted twice as the Ice Cats did their best to keep up. Remembering the quick start the Stars got off to against Northwood, the girls weren't going to let another win slip through their grasps. The offensive finesse of Rene Doherty became too much to handle for the Ice Cats. Doherty added another goal, while Kate Roberts defined the idiom of "play to the whistle" on her second period tally. At this point, all forwards were playing very well together and contributing. That didn't stop defenseman Kristen Brzyski to getting in on the fun. Brzyski unloaded a rocket from the point to add to the fire. The Buffalo Stars defeated the Ice Cats 5-2.

The Stars ended the weekend with a total record of 2-1-1. Possession numbers were in the Stars favor in every game in the showcase, and the defensive zone systems were executed above average. Other notable play should be recognized by Rene Doherty and Jamie Wheeler. These girls came into the showcase as the team's only available centers, which led to them running with different sets of wingers every shift. They built chemistry fast with every forward, and their mature play was monumental when it came to the success of the team. The showcase highlighted the progression the team has made since training camp. The Stars can go into the Rochester Fire on Ice Tournament next weekend knowing they have the ability to overcome adversary and put teams away.



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Buffalo Stars Hockey



Buffalo Stars Player of Week
October 11
Owen Gangloff

The Buffalo Stars House MOHL SPOTLIGHT Player of the Week is Owen Gangloff of the Peewee Blue Team. This is Owen's second season with the Stars organization. Owen was chosen as the player of the week because of his consistent effort during practice. Owen has elevated his attentiveness and his level of participation during our pre-season practices. His willingness to try new skills and tactics has not gone unnoticed. During a recent scrimmage game against Batavia, Owen was rewarded for his efforts by playing on the top line. Please join us in congratulating Owen for his hard work and dedication to our team.

Owen is 10 years old, plays Right Wing and is in the fifth grade. He likes gym and plans to be a radio sports host. His favorite NHL Player is Jack Eichel and his favorite college team is Notre Dame.

Outside of hockey he enjoys all sports, video games and music and

pizza is his favorite food.

His role model is his dad, John Cena because he's awesome and helps him with his sports.

His goal for this season is to improve as a player and score a goal.

Buffalo Stars Travel Team
Spotlight Player of the Week

Kenshin "Kenny" Ouchi

The Buffalo Stars Travel Team Spotlight Player of the Week for the week ending October 11 is Kenshin Ouchi of the Bantam Major Team.

Kenny is 14 years old and plays Offense. He is a ninth grader with a career direction of becoming a scientist. His favorite NHL player is Brent Seabrook and his hobbies include sports and camping.



This Williamsville resident likes Mac n Cheese and his personal hero are his parents.

Kenny's goal for the season is to be a tood teammate and score a bunch of goals. Kenny did just that by scoring 3 goals in his first game as a Buffalo Star.



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Buffalo Stars Hockey



The Stars are a USA Hockey Youth Program with 250 kids ages 4-19. For information call 716-491-0375

MOHL Opens

The Buffalo Stars House MOHL Opening Day will be Saturday, November 7. They will celebrate with their Annual House League Open House featuring six teams competing.

First up is Pee wee Red vs Southtown 3 at 2:30 p.m. followed by Pee wee Blue vs West Seneca at 3:45 p.m.; Bantam Red vs NJPE 3 at 5 p.m.; Midget U16 Red vs Amherst at 6:15 p.m. ; Midget U16 Blue vs Amherst at 7:45 p.m. and closing out the day with Midget U18 Red vs Cheektowaga at 9:15 p.m.

Their Chinese Auction proceeds will benefit Honor Flight Buffalo.

All games will be broadcast on Ustream Internet TV Channel <http://www.ustream.tv/channel/buffalo-stars-junior-hockey%20>.

TRY HOCKEY FOR FREE DAY

The Buffalo Stars will participate in the November 7 USA Hockey Try Hockey For Free Day.

This is open to youth ages 4-7 who want to try hockey. The Stars still have spots available.

Register at www.tryhockeyforfree.com
(NYHOL Thanks the Stars for including us in their mailings)

Stars Visit NU DI Program

The Buffalo Stars Pee wee Minor team attended Niagara University's home opener against Mt. Morris.

After a tour of the team's gym, locker room, players lounge and rink, the boys sat down in the first two rows at center ice to watch the game! Our Buffalo Stars team was announced as a special guest. We are thankful to Niagara University for the experience!

Stars Watch Future Stars

On a mild September evening in downtown Buffalo USA Hockey showcased the best 42 players who are on the verge of making the NHL.

The All-American Prospects Game, held at the First Niagara Center, provided the best U.S. players, eli-

gible for next year's National Hockey League Entry Draft, the opportunity to showcase their skills on a national stage. To date, 74 alumni have been drafted in the NHL; including 15 first-round selections.

Five Buffalo Stars players and two coaches enjoyed a free game of quality hockey, at a major venue. Thanks to the Stars Organization for communicating the event as well as the free tickets. The boys had a great time watching the game, eating junk food, and hanging with Sabretooth.

Stars Christmas Week Youth Hockey Tournament

Travel Divisions: December 26-28
Girls Division: December 26-28
House Divisions: December 28-30
Register on line at: www.buffalostars.com



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Buffalo Stars Hockey

October 31 Team of the Week:

Buffalo Stars

Peewee Blue

October 24, on beautifully mild autumn day, the Buffalo Stars Pee Wee Blue team journeyed to the nearby city of Batavia, NY. Upon entering the Falleti Arena, the air temperature was noticeably chilly; downright cold. To make matters worse, the team was on edge after receiving a punishing loss from the Rampart's "A" team at home, on October 4.

The boys were having a seemingly good time in the locker room; however, the coaches sensed some pre-game jitters. Although there was apprehension in the room, the team was optimistic knowing that they were playing a team they have not played before.

The game began with both teams creating some good offensive opportunities. Starting goaltender, Dominick Szlapak, faced some challenging shots, early-on. He was up to the challenge; however, allowing only two goals. The Stars capitalized

on a Batavia defensive applying an aggressive pinching style, scoring three goals in the first period. Team captain, Dillon Dake, opened the scoring with August Trifilo scoring a hat-trick for the next three. They each added another goal for a 6-2 final. Sean McCartan posted a second half shut-out between the pipes. Josh Borycki was named the playmaker of the game for his accurate and timely passing, as well as two impressive assists.

The coveted grinder award was presented to Luke Soto for his consistent defensive prowess. Although only two players scored goals, much of the goal scorer's success can be attributed to solid defensive play, solid goaltending, and an overall team effort.

Following this impressive display of teamwork, the boys and their families enjoyed a lunch at a local restaurant. The day did not end there as the



team hastily traveled back to Holiday for an afternoon practice.

Visit Buffalo Stars on line at: www.buffalostars.com

Columbus Day Tournament Results:

Minor Pee Wee AA:

Consolation Game:

1st: West Seneca (6-2-1)

Runner-up: Comcast (4-2-3)

Championship Game

1st Place: North Pittsburgh

(7-1-1)

Runner Up: Clarence (5-1-3)

Girls U19:

Championship

1st Place: Cazenovia (6-0-3)

Runner Up: Buffalo Stars (4-3-2)



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Niagara Jr. Purple Eagles Were Victorious

On Sunday October 4, the NJPE 16U Midget team won the 2015 Harborcenter Cup.

Coached by Eugene Naab, the Purple Eagles went a perfect 5-0 in the tournament. After a 4-1 semi-final win over Team Ohio, Niagara faced off against the Reston Raiders in the finals.

David Matthew lead off the scoring for Niagara. Thomas Cere, Jona Hildreth and Daniel Brady all had goals. William "Max" Brown scored the final two goals to cap a come from behind 6-4 victory. Both Niagara goaltenders Jacob Kantor and Joseph Samplinski were rock solid during the three day event.

Putnam Awards Continued From Page 15

Coaches from the various hockey organizations are responsible for nominating a player to their board of directors and/or athletic directors for the award. The youth hockey organization's board of directors or high school hockey program's coaches and/or athletic directors are responsible for selecting their Tyler Putnam Award winner and submitting him/her to NewEdge Hockey.

The Putnam Award Premier Sponsor, Rochester Clinical Research, was founded in 1994 to provide residents of the Greater Rochester Area with access to clinical research studies, and to advance new medical treatments that improve our quality of life.

Their commitment is to provide efficient, friendly and caring service. They have conducted more than 600 clinical trials, involving more than 10,000 study volunteers.

The first Josh Opladen Goaltender Award was presented during the 2014-2015 Tyler Putnam Awards ceremony and will be a permanent award given to 1 goaltender from the above list of participating hockey programs.

Josh Opladen was an exceptional talent and accomplished young goaltender from the Rochester, NY area. Sadly, in June of 2012 we lost Josh. Josh and Tyler were occasional teammates and became close friends through a sport they loved.

Nichols On Track

The Nichols School 18U Boys team is back on track with 2 wins over Gilmour Academy. They beat them 5-0 and 3-2 as they head for the WNY Sectionals in late October. At Sectionals they will face several WNY teams including the Regals, Rochester Junior Americans and West Seneca Wings. The finals will be held at Northtowns Arena on November 7 and 8 beginning at 8 a.m.

Leading the score board for the Nichols team are Steven Senese with 12 goals and Erik Urbank with 6. Urbank is also leading with 11 assists and Alec Yerkovich has 8. Overall its Senese with 18 points, Urbank, 17 and Yerkovich, 13.

Guarding the net are Goaltenders Jerry Baerwitz with a 2.68 GAA and .895 save % and Josh Graziano with 2.71 GAA and .910 save%.



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Western New York Women's College Hockey Report

by Janet Schultz
Janet@nyhockeyonline.com
JDSchultz3663@gmail.com

Buffalo State College

Coming off a season that sent them to the playoffs for the first time in six years, Head Coach Candace Moxley and her new Assistant Coach, Tanis Lamoureux are excited about the upcoming season.

Four of the five incoming freshman are from New York State and she feels they are ready to contribute right away.

Emily Ruggiero, Buffalo, comes from the Buffalo Regals U19 team.

"She is a solid player who quartered backed their power play," said Moxley. "She is small, quick and very skilled."

Kylie McCloskey of Hampton Bays played at Shattuck St. Mary's.

"She is bigger in size in terms of our roster but she's fast and a skilled forward," said Moxley. "I'm curious to see who she meshes with our girls. She's played with girls who went on to DI teams and now she is in



Head Coach Candace Moxley; Assistant Coach Tanis Lamoureux

a position where she will be able to make more plays and find the ice."

Angola's Madeline Kromer also comes from the Buffalo Regals. She has lots of energy, is very competitive and very passionate.

"I may have to pull her back a little," said Moxley. "But I'm excited to see how she meshes and will develop as a solid defenseman for us."

Megan Reukauf comes from Depew and the Buffalo Regals. Moxley sees her as another steady defenseman who can make plays and adds to the defensive core.

Lastly is Hannah Desjarlais from Alberta. She played at the Hockey Training Institute and is also small, quick but also gritty.

"She's not afraid to make plays happen, she gets into the spaces and also in front of the net to make plays there," said Moxley.

Moxley explained that it's one thing to recruit from competitive teams but getting them to mesh with the team is always a question mark.

"Overall, we finished well last season, but our inexperience entered into those last games and season," said Moxley. "Those last games were winnable for us but we were gripping the sticks a little too tight and not making plays that we had been making all year."

"With the experience the Sophomores have I think we are going to be more able to take that step and the lack of experience won't be as impactable."

"We are reaching for the top every year," said Moxley.

Lamoureux is looking forward to the season.

"I played at Elmira and then coached at Utica so I've played against Buffalo and coached against them," said Lamoureux. "I'm honestly really excited to be part of it. We are just scratching the surface and I see us as being a very competitive team in the next couple of years."

The Bengals will be seen out in the community working with the Bisons and taking part in various causes such as childhood cancer.

The Bengals open at home on Friday, November 6 against ECAC West rival Potsdam. The puck drops at 7 p.m. and then they return to the ice on Saturday, Nov. 7 at 2 p.m.

They round out November with Neumann, Chatham and Williams.

(Continued on next page)



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RIT

Head Coach Scott McDonald is coming into the season as the Bruce B. Bates Endowed Hockey Coach, the first and only coaching position to be endowed at RIT. He



also has now coached four players into the professional ranks, namely the newly formed National Women's Hockey League.

And he is coming off another winning season with the Tigers.

"I can't believe its been 10 years," said McDonald. "I'm very fortunate to have had such great leaders in the locker room and it's no mistake that the success comes from the locker room and onto the ice.

"The chemistry in the locker room is our focus, especially early on in the season," continued McDonald.

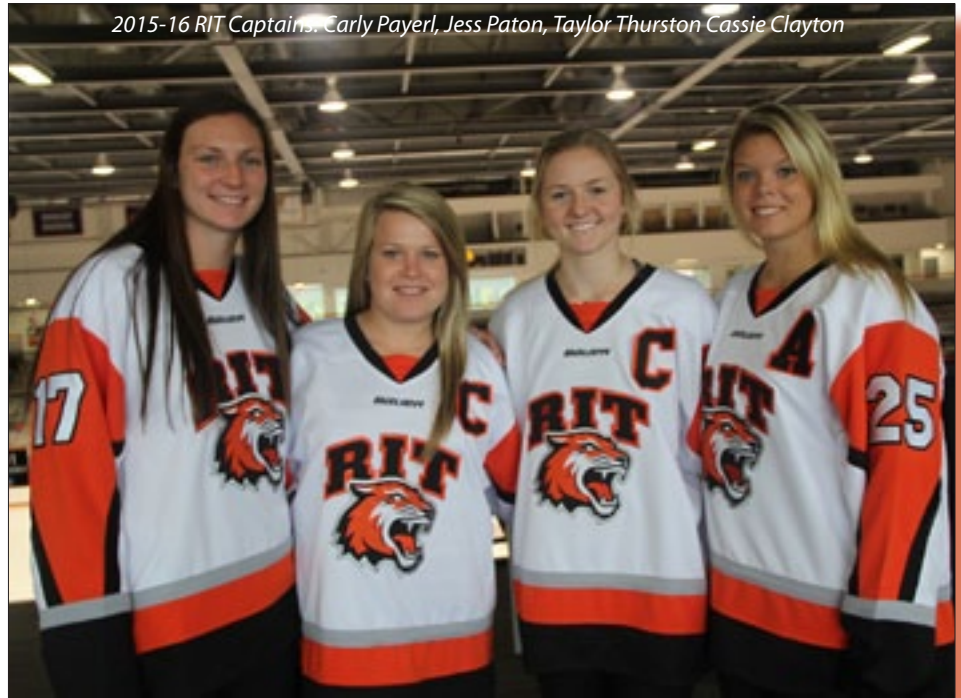
There are nine freshmen coming into the fold this season. McDonald looks forward to seeing how the new faces step us and try to fill the vacancies left by seven graduates.

"I have a team where 15 have experience and 9 have no experience at this level," said McDonald.

"We want to send these seniors off with a championship; our junior class hasn't lost a conference championship and our goal is the Frozen Four."

McDonald's regular season will be geared around preparing for the playoffs, not wins and losses. He is looking forward to playing a variety of teams from the CHA as well as the Ivy League conferences.

"When it comes to the national



2015-16 RIT Captains: Carly Payerl, Jess Paton, Taylor Thurston, Cassie Clayton

tournament, we will be prepared for anything," continued McDonald.

"The success of these girls is not by accident and not all because of the graduating class," he goes on.

"You have to push them and drive them to get better day by day and sometimes you need to take them off the pedestal when their heads get too big," he said smiling.

"At the end of the day, this is what we do; this is what works for us; this is how we've done it and this is what doesn't work for us."

The Captains of the 2015-16 Tigers are equally excited.

The C is on the jersey's of Taylor Thurston, Carly Payerl, Cassie Clayton and Jess Paton.

"I'm excited to get started," said Payerl. "Coming off such a big year gets you excited for the next year."

"We want to build every year and improve as a team each year,"

said Thurston. "I think we've done that so far and we are making a push for the Frozen Four."

"I'm just looking forward to getting back on the ice" said Clayton. "Mixing in with the freshmen, seeing their talent and how well they adjust to our team is exciting."

They also commented that one of the big changes between youth and high school hockey and coming into the collegiate level is the speed of the game.

"We were talking to the freshmen and that is the first thing they noticed," said Clayton.

Hockey is a sport with lots of ups and downs and it's a long season. The team gets very close and are more like sisters than just teammates.

"My advice to younger players is to take it all in, it's an experience of a lifetime," said Paton. "You will remember your teammates and championships and it all goes by



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Bruce B. Bates Drops Ceremonial Puck at Women's Ice Hockey Opener. Head Coach Scott McDonald is the first endowed coach in the history of RIT. The endowment was provided by Bates.

so fast.

In looking at one of the local incoming freshman, McDonald says that Maddie Grisko comes from the Buffalo Bisons.

"She is a good locker room girl and people like having her on their team," he continued.

RIT had a program in Ultra-sound which she wanted to major in; plus they had hockey. Grisko was very persistent in telling Coach that this is where she wanted to be.

McDonald concurs but also explained she would have to work hard in the off-season, show up in good shape and work hard on the ice.

"I see limited time for her this year because we do have some highly touted recruits coming in; but she gives us that body at practice that will push people to work hard," said McDonald.

"We're giving her a shot but she has a long way to go," he concluded.

The Head Coach has four girls in the NWHL and is very proud. He is also looking forward to go-

ing to the arena and watching as a fan.

"I've always been a fan but now I can go and bang on the glass," he said laughing.

RIT opened with a win over Minnesota State 2-1 on October 2. Goals came from Cassie Clayton and Lindsay Stenason.

For her efforts, the winning goal in the last 21 seconds of the game, Stenason was named CHA Rookie of the Week.

Heading into November 3-4 overall (Oct. 23) the Tigers will face Robert Morris, Colgate, Syracuse, Brown and Princeton.

Their annual Skate with the Tigers is November 7.

UB

The University of Buffalo Lady Ice Bulls are on a winning streak. With a 4-0 record in the ACHA the Bulls beat Liberty College 11-1 and 11-2 followed by two wins over California University of Pennsylvania. In November they take on the US Naval Academy on Novem-

ber 7 and 8 at the Northtowns Center, Amherst.

Goaltender Kaitlin Simmons has 4 wins, 0 losses and a .789 save percentage and 2.00 goals against average. She is one of the top ranked goalies in the ACHA nationally.

Mamie Talty has 4 goals and 10 assists for 14 points and Courtney Miller has 9 goals and 3 assists for 12 points.

"I am very pleased with the start to our season this year!" said Assistant Coach Michelle Donlon.

"After an exciting trip to Nationals last season our strong core of returning players seems even more dedicated this year.

"They have been working hard and providing great leadership. Kaitlyn Simmons is back in net for us this year and has been battling for every puck, smothering rebounds and has even stolen us a game or two.

"In addition, we have added three new players this year. We have a pair of skilled and creative freshman who have been playing locally for years and have chosen to stay local and continue their hockey careers in college, Lexi Peters and Maddie Norton. Both girls have great confidence with the puck and are already contributing to our offense with their goal scoring ability.

"The third addition to our team this year, Justine Bottorff, is an Army veteran with less hockey experience but a warrior's work ethic," said Donlon.



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Western New York Men's College Hockey Report

by Warren Kozireski
Wkozires@brockport.edu

BROCKPORT



After coming within a goal (and an empty netter) of advancing to the SUNYAC finals for the first time in program history, the Golden Eagles appear primed to take that next step.

Senior goaltender Jared Lockhurst begins the year as the top guy after three years of splitting time. "Jared has played in some big games during his career but we're hoping he raises his game which would provide us a chance to win every night," head coach Brian Dickinson said.

Leading scorer and First Team All-SUNYAC selection Chase Nieuwendyk returns for his senior season. Aidan Verbeke, Zac Sikich and Ryan Kangas all had solid freshman campaigns, but will be needed to increase their offensive output on a nightly basis. Senior James Ryan is coming off a down year and "we're hoping to see James regain the scoring touch he showed earlier in his career." More will be expected from Jake Taylor and Jeremy DeFazio up front as well.

The defense appears solid with First Team All-SUNYAC Chris Luker (New Hartford) embarks on his final collegiate season with classmates Chad Cummings and Jonathan Demme along with junior Robbie Hall.

Recruits Tim Kielich and Jamie Lukas are forwards that will compete for icetime right away. "Tim had a very solid career with the Buffalo Jr. Sabres and has the ability to provide scoring at this level and Jamie Lukas is a very heady player the sees the ice well and makes others around him play better. On defense, newcomers Connor Bass, Nick Palumbo and Trevor Simonick will all compete for the few spots available with Cole Burack and Jake Moore both new in goal.

"We looking forward to getting back to the play-

offs and taking that next step in order to reach our ultimate goal of winning a SUNYAC championship," said Dickinson. "We're excited to build off of last year's finish and getting off to a quick start will be imperative to success. We will need to be ready early as this year we begin our season with league rival Cortland which means points matter from opening night."

BUFFALO STATE



Four straight trips to the SUNYAC semi-finals has the Bengals itching for more, especially after losing just one player from last year's roster. What has changed is behind the bench with interim head coach Steven Murphy after the departure of Nick Carriere to the American Hockey League as an assistant coach.

"Getting to and losing in the semi-finals the past four years has this group focused," Murphy said. "Finishing the season 5-1-1 was a great way to close out last season and we're hoping to pick up right where we left off.

"The bottom line is we want to win the SUNYAC Championship. There are a lot of things that need to happen in order for us to achieve our goal. Playing in such a great conference from top to bottom provides us with so many challenges throughout the season, but ultimately if we take care of what we can control and find discipline and consistency right out of the gates, we believe this is a reachable goal."

Ryan Salkeld, Jason Zaleski and Brett Hope all eclipsed the 20-point mark last season and four other forwards provided scoring depth with ten or more points including Nick Berst (Depew) and Jake Rosen (East Amherst).

Sophomore Brody Power will be called on to anchor the blueline along with seniors Scott Roy and Sean Hrivnak and junior Charles Lapierre.

Sophomore Ian Sylves and junior Mike DeLaVergne (Pawling) virtually split the net duties last season, but the latter played all of the key games down the stretch and postseason.

"All of our freshman (Jon Hall, AJ Duggan, and Mac Wood) will be expected to have an immediate impact. Each guy will help us significantly at both ends of the ice. We wanted to get more offensive while



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finding guys who played hard in the D-zone, we believe these three are a great additions."

CANISIUS



Freshman Daniel LaFontaine (Lloyd Harbor) netted his first collegiate goal Oct. 23 against Holy Cross.

FREDONIA

The Blue Devils can't wait to put the 2014-15 season in the rearview mirror—one that resulted in zero conference wins for the first time in program history and being outscored in those games by almost a three-to-win margin.

Taylor Bourne, Hunter Long and Marcus Ortiz will be asked to lead the offense that lost two seniors and two underclassmen from among last season's top six scorers.

Taking care of their own end will be an emphasis with senior defensemen and co-captains Ryan Wilkinson and Mitch Kaufmann along with junior Zach White and sophomores Oskar Gerhardson and Jamie Young in front of senior goaltender Jeff Flagler, who "returns for his final season with confidence and a chip on his shoulder to lead the Blue Devils back to the SUNYAC playoffs," according to assistant coach Michael Lysyj.

Todd Schauss, Sam Wilbur, Jon Carlson and Eric Bogart are among the first year Blue Devils who will get an immediate chance to jump into top roles.

"We expect to bring excitement back to the Fredonia Hockey. We expect to play a fast and physical brand of hockey that is conducive to winning in the SUNYAC. We have a lot to prove this season and we know that it will take every player, coach and staff member to make it a reality."

GENESEO

The Knights finished a solid third in the regular season, but were bounced from the postseason in the quarterfinals. They will embark on 2015-16 without three of their top five scorers, two key defensemen and two senior goaltenders.

Junior Mat Leon inherits the number one job in

net, but brings just three games of collegiate experience with him. He will be challenged by newcomer Devin McDonald.



Left wing Stephen Collins is the top returning scorer and expected to be the leader offensively. Junior Trevor Hills had a good first year and the coaching staff "expects him to take another step this year to be one of our top offensive players," according to head coach Chris Schultz.

Senior captain Nate Brown is expected to be the leader on the blue line along with senior Matt Solomon plus juniors Cam Hampson and Derek Stahl.

Other newcomers who could step into key roles right away include left wing Arthur Gordon, who has some size, and right wing playmaker Anthony Marra.

"We are more inexperienced than the previous two years with eight new faces that will be expected to acclimatize quickly," Schultz said. "Inexperience might hurt us at the beginning of the season, but the coaching staff will be required to get them up to speed to be playing into March. This is one of the more unknown preseason outlooks that I have had in a long time. But, I will tell you, that I really like our team and what they bring to our campus community."

NAZARETH

Head coach George Roll and his staff have slowly built the Golden Flyers into a competitive unit highlighted by last season's third place regular season finish and the program's first postseason victory.

Now for year four.

We have made a steady ascent towards the top of the league," Roll said. "That being said I feel our league is extremely deep with good teams and, in my opinion, any team can win it this year. I do not feel there is an outright favorite heading into the season. There is a lot of parity, but it is a high level of parity and will be difficult to predict a winner."

Leading scorer Ben Blasko won't return, but Scott Dawson and CJ Murray, injured most of last year, are expected to be difference makers this season.

"Scott has the ability to dominate a game defensively and has the confidence to be an offensive force. CJ and Oliver Jansen are two players we will need to help."

Dominik Gabaj netted ten goals last year while Justin LaCorte and Rocky Gruttadauria (Spencerport)



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scored in double-figures and are back among the top two lines.

Aside from Dawson, the defense will a veteran group led by seniors Don Olivieri, Mike Miller and James Redman plus junior Marcus Moles and sophomore Ryan Walter. Senior goaltender Ed Zdolshek could be one of the best netminders in the ECAC West.

“(Recruits) Brad Pizzey Austin Romzek and Dave Powlowski all should contribute after having very good junior careers, but because we have a core of returning players we can be patient with their development.”

NIAGARA

Freshmen Ryan Kuhn (Wheatfield) and Nick Farmer tallied their first collegiate goals Oct. 9 vs. St. Lawrence.

R.I.T.

After selling out Blue Cross Arena for the sixth consecutive year for their Brick City Homecoming game against Bowling Green, the school will try for seventh straight in 2016 against the University of Connecticut.

“Someone asked me who is going to step and do the scoring,” head coach Wayne Wilson said. “As a staff I think we’ve got to start prodding our guys—the forwards in particular I guess. We have confidence and we think we have a good team, but now they have to have confidence in themselves and we’re not there yet.”

Forward Mike Bournazakis ('04) and 27-year broadcaster Randy Bloechl (Gates) were inducted Oct. 18 as part of the 2015 Class into the RIT Athletic Hall of Fame.

Bournazakis was a first team All-American in 2001-02 and assistant captain in 2002-03. He led the Tigers in points and assists three times, tallying 210 points on 68 goals and 142 assists in 106 games.

During his stint, Bloechl broadcasted more than 700 games and in 1993, was one of three broadcasters to receive an engraved hockey jersey in recognition of their services. Upon retirement from broadcasting, Bloechl was presented with a



RIT Captains Josh Mitchell, Alex Kuqali, Andrew Miller (missing Brady Norrish) Photo by Janet Schultz

plaque from WITR.

The team’s 10-goal deficit opening weekend marked the largest margin of defeat over two consecutive games in the Tigers Division I era.

OTHER AREA NOTES:

- Riley Bourbonnais (Greece) was named ECAC Player of the Week in October after he scored both goals in RI’s 2-1 upset of Boston College.
- Trevor Mingoia (Pittsford) was named Hockey East Player of the Week after he scored twice and added four assists for Providence in a weekend October series with Miami.
- J.T. Stenglein (Greece) was named Big Ten Player of the Week after his four-point IceBreaker Tournament October weekend for Michigan State.



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Jamborees Underway in WNY

The Cheektowaga Youth Hockey Organization hosted the first WNY Jamboree on October 10. It was a huge success and other Jamborees have been scheduled. First, for Red Division on Sunday, Nov. 8, hosted by the Buffalo Bisons at North Buffalo Rink and for the Blue Division on Saturday, Nov. 28 hosted by Cazenovia at Cazenovia Park Arena.

These are not pick and choose jamborees, all teams that requested to be in the league should be participating in the scheduled Jamborees.

Tony Pierino and his staff of volunteers for did an excellent job on this first of the season jamboree. All of the players had a great time as everyone could tell from the expressions on their faces. Everyone enjoyed the atmosphere of the bounce house, roller ball that you could actually climb into and roll around outside, the activities on the second floor and of course the sport court for players to play hockey on the lobby. {Photos supplied by Cheektowaga Ice Hockey}



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Documentaries Focus On Women Athletes

This summer, ESPNW launched a new original series, *What Makes Us*, comprised of five documentary shorts featuring some of the world's greatest female athletes and their journeys to become sports icons. The series is produced in collaboration with the sibling directing team, the Mundo Sisters, who previously directed the popular *espnW* Original Nine for *IX Short: Rowdy Ronda Rousey*.

Co-director Rena Mundo Croshere added, "What Makes Us is a series about heroes and underdogs, about struggle and triumph. We wanted to portray these amazing female athletes in an epic and cinematic way because we believe that how we depict women in media influences what women believe is possible for themselves."

The first three films of the series focused on soccer sensations Sydney Leroux "SYD," Megan Rapinoe "PI-NOE" and Veronica Boquete "VERO" and the fourth film on professional surfer Carissa Moore "RISS." The series concluded in October with two-time Olympic silver medalist Hilary Knight's film "KNIGHTER."

The five competitors highlighted in this groundbreaking series are changing the perception of what young women can do and, in the process, are becoming modern day heroines.

"There is a fire that drives the greatest athletes from within," said Alison Overholt, editor-in-chief, *es-*

pnW. "Discovering and sharing the stories of where that drive originates – what experiences have forged these women into the champions they are today – is the beauty of the series."

Knight's film is an intimate portrait that illustrates how the five-time world champion's journey began, the struggles she overcame to achieve her dreams and the way she hopes to inspire the next generation of athletes.

"I am honored to be a part of this amazing series with *espnW*. It's truly humbling to be able to share a part of my story with fans and people worldwide and share similar experiences with my teammates," said Knight. "I am so lucky to be able to love what I do and fight for a sport alongside my teammates and many other talented and brilliant female athletes. This is only the beginning for women in sports."

What Makes Us: KNIGHTER (Hilary Knight)

When Olympic medalist Hilary Knight was five, she told her grandmother she was going to be in the Olympics for hockey. Her grandmother's response was, "Girls don't play hockey." Playing on all-boys teams in the Chicago suburbs was the only option for Knight to pursue her dream. On those teams, she endured harassment, aggres-



Hilary Knight as a member of the NWHL Boston Pride (Photo by Janet Schultz)

sion on the ice and snide comments from other parents. She almost gave up. Luckily for the sport, her mother helped her get through the bullying.

Knight went on to become the youngest member of the U.S. Olympic Women's Hockey team and is considered one of the greatest female ice hockey players in the world.

In *KNIGHTER*, she describes the obstacles she overcame, how the Gold Medal Game in Sochi changed the public's view of women's ice hockey, and her quest to help young girls feel confident to play the sport they love.

For more information on this series go to: <http://espn.go.com/espnw/what-makes-us/>



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Janet Schultz Photography '15

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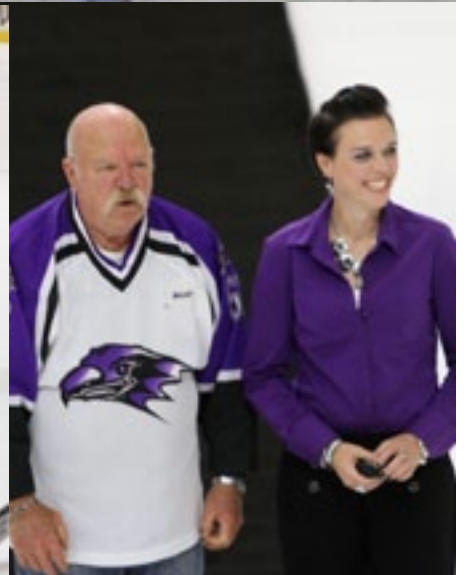
Lockport Express take on Syracuse Stampede



*And in Goal for the Buffalo Sabres...
Linus Ullmark.*



*Father-Daughter Day with Beauts Dads
(Above); GM Linda Mroz with her Dad;
Mites Shootout, and Riley Mroz scoring.*



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